

**SUNDAY, January 22, 2012 — 10.5 Total CME**  
**Daily Chairs: Catherine McCarthy, MD and Robin Titus, MD**

	Lectures & Workshops	Objectives
7:00am - 6:30pm	Registration - Convention Center	
7:00 - 8:30am Meal included	Breakfast Buffet	
7:00 - 8:00am Lecture	<p align="center">Program Overview and Syllabus Review  <b>Catherine McCarthy, MD, FAAFP</b>  <b>NAFP President and CME Chair</b>                      Approved for 1.0 Prescribed CME</p>	n/a
8:00 - 9:00am Lecture	<p align="center">AAFP National Update  <b>Daniel Spogen, MD, FAAFP</b>  <b>AAFP Board of Directors</b>                      Approved for 1.0 Prescribed CME</p>	<p>1) Understand the changing political climate in 2012 and the opportunities/challenges for Family Medicine. 2) Elaborate on the role of AAFP members in the political debate and reforms pertinent to Family Medicine. 3) Evaluate the patient centered medical home in the context of health care reform and impact on Family Medicine.</p>
9:00 - 10:00am Lecture	<p align="center">Medical Ethics:                      Informed Decision Making in End of Life Care  <b>Darren Bertram, JD</b>                      Approved for 1.0 Prescribed Ethics CME</p>	<p>1) Discuss the principles of medical ethics and the ethical issues associated with end of life care.</p>
10:00 - 11:00am Lecture	<p align="center">Improving Pneumococcal Immunization Rates                      in the Patient Centered Medical Home  <b>Trudy Larson, MD</b>                      Approved for 1.0 Prescribed CME</p>	<p>1) Describe the pneumococcal disease burden in the U.S. 2) Review current ACIP recommendations. 3) Identify high risk immunization candidates. 4) Discuss efficacy of safety issues. 5) Design an office improvement plan to increase immunization rates. 6) Use shared decision making tools with patients to increase compliance with ACIP</p>
11:00am - 12:00pm Lecture	<p align="center">Testosterone &amp; Hypogonadism:                      Basic Considerations &amp; New Options  <b>Alvin Lin, MD, FAAFP</b>                      Approved for 1.0 Prescribed CME</p>	<p>1) Review traditional clinical and laboratory definitions. 2) Review treatment options. 3) Review side effects and contraindications. 4) Consider new paradigm.</p>
12:15 - 1:30pm	<p>Lunch on your own for all Winter Meeting participants-                      NAFP MEMBERSHIP MEETING FOR NEVADA HEALTH CARE PROFESSIONALS ONLY                      Sand Harbor III  <b>Todd Inman, MD, WCC</b>  <b>Wound Care</b>                      Approved for 1.25 Prescribed CME</p>	
1:30 - 2:30pm Lecture	<p align="center">The Preemies Are Coming...OMG!  <b>Lynn Kinman, MD</b>                      Approved for 1.0 Prescribed CME</p>	<p>1) Discuss post-discharge care of preemies including vaccines, catch up growth, familial rechanneling, medical conditions and feeding.</p>
2:30 - 3:30pm Lecture/Workshop	<p align="center">ADHD: Diagnosis, Treatment and Referral                      for the Primary Care Clinician  <b>Jason H. Walenta, MD, PhD</b>                      Approved for 1.0 Prescribed CME</p>	<p>1) The clinician will be able to diagnose ADHD in a primary care setting. 2) Treat uncomplicated ADHD. 3) Identify comorbidities warranting speciality referral.</p>
3:45 - 4:45pm Lecture	<p align="center">Asthma/Allergy Pearls and Updates  <b>Amanjit Dhatt, MD</b>                      Approved for 1.0 Prescribed CME</p>	<p>1) Recognize, diagnose and treat various allergic conditions ranging from asthma to eosinophilic esophagitis.</p>
4:45 - 6:00pm Lecture	<p align="center">GI Jeopardy!  <b>Jeffrey Ng, MD</b>                      Approved for 1.25 CME</p>	<p>1) To better understand and expand on the management of GI diseases such as Inflammatory Bowel disease, Diarrhea and other malabsorption states. 2) To understand the workups on upper and lower GI bleeding and to update on the management of disease states associated with UGI/LGI bleeding. 3) To update on the effects of alcohol on the GI system. 4) To update the newest infectious workups on GI infectious diseases. 5) To better understand genetic syndromes related to the GI tract and screening protocols to rule out malignancies.</p>
6:00 - 8:30pm	<p>Welcome Wine and Beer Tasting Reception and Silent Auction &amp; Exhibits - Exhibit Hall                      Drawing for a pair of snow shoes - Must be present to win!  <i>Sponsored by: Reno Heart Physicians, Sierra Nevada Cardiology Associates,                      and Renown Institute for Heart &amp; Vascular Health</i></p>	
8:30pm	<p>Sponsor Appreciation and Local's Day Hospitality Night - Come Meet our Local Physicians and Help Thank All of our Sponsors and Exhibitors - Cocktails, Desserts, and a Champagne Toast. Don't miss out!!!                      Sponsored by: Elite Medical Advisors, Premier Physicians Insurance Company and Leeds &amp; York</p>	

**MONDAY, January 23, 2012 — 10.5 total CME**  
**Daily Chairs: Thomas Hunt, MD and Donald Farrimond, MD**

	Lectures & Workshops	Objectives
6:00am - 7:00pm	Registration - Convention Center	
6:00 - 7:30am Meal included	Breakfast Buffet	
7:00 - 8:00am Lecture	Pulmonary and Sleep Update 2012: Top 10 Publication/Guidelines <b>Michael Lucia, MD</b> Approved for 1.0 Prescribed CME	1) Review the most relevant and impactful clinical studies/guidelines published in the last calendar year as they pertain to pulmonary and sleep medicine.
8:00 - 9:00am Lecture	Depression in Medical Students and Physicians: Prevalence and Impact <b>Thomas L. Schwenk, MD</b> Approved for 1.0 Prescribed CME	1) Become more familiar with prevalence and impact of depression in medical students and physicians. 2) Discuss prevalence of suicide in physicians and the stigma of depression in medical students.
9:15 - 11:15am Workshop	Treatment of Infants/Children with Feeding Issues <b>Linda O'Neil, MS</b> Approved for 2.0 Prescribed CME	1) Recognize the difference between failure to thrive from a medical point of view vs. failure due to the mechanisms of nipple or feeding. 2) Understand the fragile infant/child and how the environment can affect the feeding experience. 3) Learn the mechanics of nipple, spoon feeding, finger feeding, and textures. 4) Understand the different nipples used for particular feeding problems, and how to use certain bottles. 5) Feeding experiments to understand the difficulty during a feeding session.
11:30am - 2:00pm Workshop Includes Box Lunch	Medical Spanish Workshop: Communicating With Patients <b>Erika Perez de Jennings and Ryan McCabe</b> Approved for 2.5 Prescribed CME <b>Limited to 50 attendees</b>	1) Create good patient experiences using polite sentences in Spanish. 2) Use of words and short sentences to help patients relax. 3) Learn the proper pronunciation of basic information given to patients. 4) Discuss general cultural aspects to consider with Spanish speaking patients.
2:15 - 4:15pm Workshop	Derm Review: Skin of Color and Pediatric Dermatology <b>Johnnie Woodson, MD</b> Approved for 2.0 Prescribed CME	1) Discuss Fitzpatrick skin types IV-VI. 2) Discuss unique diseases or presentations. 3) Recognize and treat, form differential diagnosis and treat. 4) Discuss when it is time to refer.
4:30 - 5:30pm Lecture	AAFP Chapter Lecture Series - Women's Health - Fibromyalgia & Pain Management <b>B. Wayne Blount, MD, MPH, FAAFP</b> Approved for 1.0 Prescribed CME <i>This activity is funded by an educational grant to the AAFP from Pfizer</i>	1) Compare etiologies and presentations of different types of pain including symptomatology of fibromyalgia. 2) Evaluate research surrounding potential causes for pain. 3) Formulate individualized treatment plans for patients that encompass appropriate combinations of pharmacologic and nonpharmacologic approaches with special attention to evolving recommendations surrounding opioid-specific REMS.
5:30 - 6:30pm Lecture	AAFP Chapter Lecture Series - Women's Health - Depression <b>B. Wayne Blount, MD, MPH, FAAFP</b> Approved for 1.0 Prescribed CME <i>This activity is funded by an educational grant to the AAFP from Pfizer</i>	1) Recognize characteristics of different types of depression and mood disorders and their prevalence among female patient populations. 2) Utilize appropriate diagnostic criteria to evaluate and screen patients for depression and mood disorders. 3) Prepare appropriate treatment plans for patients that include pharmacologic and nonpharmacologic approaches to therapy.
6:30 - 8:30pm	FIESTA Reception & Exhibits - Exhibit Hall <i>Sponsored by Renown Health</i>	
8:30pm	Hospitality Suite - Come and join us for a margarita party! Meet the board members of the NAFP and make some new friends!!! <i>Sponsored by: Elite Medical Advisors, Premier Physicians Insurance Company and Leeds &amp; York</i>	

**TUESDAY, January 24, 2012 — 10.5 total CME**  
**Daily Chair: Jeffrey Ng, MD and Alvin Lin, MD**

	Lectures & Workshops	Objectives
6:00 - 10:00am	Registration - Convention Center	
6:00 - 7:00am Meal included	Diabetes Breakfast Program (This program is not eligible for CME)	
7:00 - 11:15am Workshop	Group SAM Learning Session - Diabetes <b>Catherine McCarthy, MD, Thomas Hunt, MD, and Richard Williams, MD</b> (Must sign up to attend - \$75 fee for meeting attendees)	1) Enable learners to better manage diabetes in their practices. <i>(Participants will take the clinical section of ABFM self-assessment module as a group. All results will automatically be transmitted to the ABFM.)</i>
7:00 - 8:00am Lecture	What's New and Improved in Cardiovascular Prevention <b>Michael Bloch, MD</b> Approved for 1.0 Prescribed CME	1) Understand implications of most recent studies in heart disease and stroke prevention. 2) Better determine best approach both pharmacologically and in terms of lifestyle to prevent cardiovascular events in patients at risk.
8:00 - 9:00am Lecture	Alzheimer's Disease <b>Alvin Lin, MD, FAAFP</b> Approved for 1.0 Prescribed CME	1) Provide an assessment for Alzheimer's Disease on a patient using at least one of the following diagnostic tools: mental status tests, physical and neurologic examinations, and brain imaging examinations. 2) Council patients and family members who are coping with AD. 3) Assess the treatment strategy currently being used by physicians for patients with AD.
9:15 - 11:15am Workshop	In-Office Emergencies - What to do once you have dialed 911 <b>Charlie Tabano, EMT-P, MPA</b> Approved for 2.0 Prescribed CME	1) Creating a medical emergency plan. 2) Training and practice for physicians and staff. 3) Equipment supplies and meds needed. 4) AED or cardiac monitor defibrillator cost benefits. 5) Procedures and protocols for the most commonly encountered emergencies. 6) Pediatric emergencies. 7) Update on CPR, ACLS, and PALS guidelines. 8) The phone triage checklist. 9) Hands-on practice with AEDs and resuscitation devices.
11:30am - 2:00pm Workshop	Sports Medicine and Musculoskeletal Care Workshop <b>Carol Scott, MD, Scott Hall, MD and Cristin Newkirk, MD</b> Approved for 2.5 Prescribed CME	1) Be able to state important history questions for patients presenting with complaints of the neck/shoulder, hip/knee, and foot/ankle. 2) Be able to locate important anatomical landmarks in these areas. 3) Perform a physical exam for each of these areas.
2:30 - 4:30pm Lecture/Workshop	Osteopathic Medicine and the Respiratory-Circulatory Model <b>Daniel A. Shadoan, DO</b> Approved for 2.0 Prescribed CME	1) Understand the place of osteopathic medicine in the healthcare system. 2) Understand the relationship of breathing to circulation and regulation of inflammation. 3) Learn osteopathic techniques to optimize respiratory function.
4:30 - 5:30pm Lecture	AAFP Chapter Lecture Series - Pain Under-treatment <b>Glenn Davis, MD</b> Approved for 1.0 Prescribed CME <i>This activity is funded by an educational grant to the AAFP from Endo Pharmaceuticals, Inc., Janssen Pharmaceuticals Inc., administered by Janssen Scientific Affairs, LLC, Purdue Pharma, L.P.</i>	1) Debate reasons for and implications of undertreatment of pain. 2) Differentiate elements that influence the selection of pharmacologic therapy, including the provision of opioid medications. 3) Formulate strategies to provide culturally competent care for patients with pain. 4) Utilize tools to assess noncommunicative patients and provide appropriate pain treatment.
5:30 - 6:30pm Lecture	Extreme Ski Injuries <b>John Cullen, MD</b> Approved for 1.0 Prescribed CME	1) Identify and stabilize injuries seen with skiing and snowboarding. 2) Discuss fractures, trauma, treatments, and prevention.
6:30 - 8:30pm	Hospitality Suite - Come and join us for our final night in the NAFP Hospitality Suite. Don't miss out on some Poker Tournament Pointers and a Warm-Up Round! <i>Sponsored by: Nevada Academy of Family Physicians</i>	
9:00pm	4th Annual Winter Meeting Poker Tournament Harvey's Poker Room	

**WEDNESDAY, January 25, 2012 — 10.5 total CME**  
**Daily Chairs: AnnMarie Campione, MD and David Hoskins, MD**

	Lectures & Workshops	Objectives
6:00am - 6:30pm	Registration - Convention Center	
6:00 - 7:00am Meal included	Diabetes Breakfast Program (This program is not eligible for CME)	
7:00 - 8:00am Lecture	Practical Management Approaches in Fibromyalgia: Minimizing the Burden in Family Medicine Patients <b>Daniel Muller, MD, PhD</b> Approved for 1.0 Prescribed CME	1) Identify patients with suspected fibromyalgia based on current understanding of its etiology and symptoms. 2) Accurately diagnose by employing pain score scales, assessing tender points, and employing the appropriate evaluations for differential diagnosis. 3) Identify and order recommended lab tests and accurately interpret results. 4) Utilize evidence-based FDA-approved pharmacotherapy and nonpharmacologic treatments. 5) Develop healthy, trust based clinician/patient relationships, and encourage patient's active role in management.
8:00 - 9:00am Lecture	Cardiac Potpourri <b>Raj Hundal, MD, MS</b> Approved for 1.0 Prescribed CME	1) Overview of treatment and care of the Cardiac Patient.
9:15 - 11:15am Workshop	ECG Workshop <b>Raj Hundal, MD</b> Approved for 2.0 Prescribed CME	1) Review ECG results and discussion of cases.
11:30am - 2:00pm Luncheon - Panel/Workshop	Building an Adult Immunization Practice: The Primary Care Physician's Role in Disease Prevention <b>Thomas M. File, Jr., MD, Patrick Joseph, MD, and Michael D. Hogue, PharmD</b> Approved for 2.5 Prescribed CME	1) Recognize the clinical consequences of vaccine-preventable diseases in adults. 2) Identify adult patients who will benefit from vaccination. 3) Educate patients about the benefits of vaccines. 4) Reduce and remove system- and patient-related barriers to vaccination.
2:15 - 4:15pm Workshop	<b>Round Table Discussions</b> Table 1: Affordable Care Act - <b>John Cullen, MD</b> Table 2: Addiction Strategies - <b>John Firestone, LSW</b> Table 3: Pelvic Floor & Wireless EMG- <b>Cara Fox, MD</b> Table 4: ABFM Updates - <b>Joseph Tollison, MD</b> Approved for 2.0 Prescribed CME	1) Participants will have an opportunity to participate in round table discussions on a variety of topics.
4:30 - 5:30pm Lecture	Continuous MC-FP (Maintenance of Certification) - What's New and What's Helpful <b>Joseph W. Tollison, MD</b> Approved for 1.0 Prescribed CME	1) Understand the concepts of continuous MC-FP (ABFM's new Maintenance of Certification requirements). 2) Be aware of the importance of, as well as increased choices therein, of the new 3-year MC-FP stage (window).
5:30 - 6:30pm Lecture	Hot Topics in Family Medicine <b>David Fiore, MD, FAAFP and Jason Crawford, MD</b> Approved for 1.0 Prescribed CME	1) Discuss and become familiar with key publications affecting primary care in 2012. 2) Learn how to apply this new information into practice. 3) Sharpen skills to critically assess new medical information.
7:00 - 7:30pm	Cocktail Reception	
7:30 - 10:00pm	Come and join us for a Farewell Mardi Gras Party! We will provide the hurricanes and beads, you bring the FUN!!! <b>TICKET REQUIRED FOR ENTRY</b> Drawing for two pairs of skis and one pair of snowshoes - Must be present to win	

THURSDAY, January 26, 2012 — 4.0 total CME

Daily Chair: Catherine McCarthy, MD

	Lectures & Workshops	Objectives
7:00 - 8:00am Lecture	The Role of SGLT-2 Inhibitors in the Primary Care Management of Patients with Type 2 Diabetes <b>Ken Fujioka, MD</b> Approved for 1.0 Prescribed CME	1) Explain the mechanism of action as well as safety and efficacy data from clinical trials of investigational SGLT-2 inhibitors. 2) Discuss the potential place of selective SGLT-2 inhibitors in the treatment paradigm for patients with Type 2 Diabetes. 3) Reduce barriers of self-management for the patient with Type 2 Diabetes including patient motivation, education, and compliance to therapy.
8:00 - 9:00am Lecture	The USPSTF: What Is It? What's with their Cancer-Screening Recommendations? <b>David Fiore, MD, FAAFP</b> Approved for 1.0 Prescribed CME	1) Know how and why the USPSTF was formed. 2) Understand the mission of the USPSTF. 3) Understand how the USPSTF forms their recommendations and how their process may differ from other organizations. 4) Discuss some of the controversies in recent cancer-screening recommendations.
9:00 - 10:00am Lecture	What is New in Prostate Cancer Treatment <b>Angelo Kanellos, MD</b> Approved for 1.0 Prescribed CME	1) Discuss the USPSTF cancer screening recommendations 2) Discuss the PLCO and ERSPC 3) Review current AUA recommendations.
10:00 - 11:00am Lecture	Combat Medicine <b>Warren Gilbert, MD</b> Approved for 1.0 Prescribed CME	1) Provide an overview of how medical trauma care is provided in a combat environment given the constraints of austere geography, inclement weather, lack of adequate resources, and providing care under enemy fire.

**ADJOURNMENT OF THE 2012 WINTER CME MEETING**  
**We hope to see you next year!!!**