

FRIDAY, August 18, 2023 — 8.0 total CME
Daily Chairs: Neil Gokal, MD, FAAFP and Thomas J. Hunt, MD, FAAFP

	Lectures - Ballroom F & G	Objectives
7:00am - 6:30pm	Registration - Convention Center	
7:00 - 8:00am	Breakfast - Ballroom D & E	
8:00 - 9:00am Lecture	<p align="center">Caring for Adults with Down Syndrome John Rhodes, MD, MBA</p> <p align="center">Approved for 1.0 Prescribed CME</p>	<p>1) Creating more comfort in taking care of individual adults with Down syndrome 2) Understanding what individuals and families of individuals want from their health care visits and health care team 3) Understanding the similarities and differences between individuals with Down syndrome and the rest of a typical practice 4) Understanding the recommended preventive care and screening recommendations for adults with Down syndrome</p>
9:00 - 10:00am Lecture	<p align="center">Pneumococcal Disease and Vaccination Acceptance Stephan Foster, PharmD, FAPhA, CAPT (Ret), U.S.P.H.S.</p> <p align="center">Approved for 1.0 Prescribed CME</p>	<p>1) Describe the clinical burden and potential complications of pneumococcal disease including pneumonia among adults at risk of infection 2) Summarize current ACIP recommendations for pneumococcal vaccination among adults and differentiate serotype coverage among the available vaccination regimens 3) Implement strategies to improve vaccination acceptance among adults at-risk of pneumococcal disease</p>
10:00 - 10:20am	BREAK Mindfulness Moment: Breathwork Session with Rebbecca Divya Sultan, MA, LMFT, LCADC	
10:20 - 11:20am Lecture	<p align="center">HBV Is Primary! Your Role in the "Call to Action" to Eliminate Viral Hepatitis by 2030 Paul Kwo, MD, AGAF, FAGG</p> <p align="center">Approved for 1.0 Prescribed CME</p>	<p>1) Describe the burden and consequences of HBV infection and how chronic HBV can lead to end-stage liver disease and hepatocellular carcinoma 2) Identify patients who should be screened for HBV, which tests should be ordered, and how to interpret the results 3) Manage HBV in the primary care setting in accordance with current evidence and guidelines, recognizing patients who require specialty care referral 4) Implement patient-centered and culturally relevant strategies to promote adherence to HBV treatment and retention in care</p>
11:20am - 12:20pm Lecture	<p align="center">End of Life and Palliative Care Clevis Parker Sr., MD, MHA, FAAFP, ABHPM</p> <p align="center">Approved for 1.0 ETHICS CME</p>	<p>1) Define Hospice 2) Define Palliative Care 3) Understanding Prognosis 4) End of Life Symptom management</p>
12:20 - 1:45pm	EXHIBITS and LUNCH Ballroom C	
1:45 - 2:45pm Lecture	<p align="center">Facilitating Cognitive Assessment in Primary Care for the Timely Detection of Alzheimer's Disease Ian Neel, MD</p> <p align="center">Approved for 1.0 Prescribed CME</p>	<p>1) Integrate routine cognitive assessment in outpatient visits of older adults who present with signs and symptoms of cognitive impairment to facilitate the timely diagnosis of MCI and mild dementia due to AD 2) Employ appropriate tools for documentation and coding of procedures (eg, cognitive assessments) and services for patients presenting with cognitive symptoms or concerns 3) Implement effective communication strategies to educate patients and caregivers about the clinical significance and prognostic implications of their cognitive assessment result</p>
2:45 - 3:45pm Lecture	<p align="center">Pruritus, Xerosis and Atopic Dermatitis... Oh my!!! Victoria Farley, MD, FAAD</p> <p align="center">Approved for 1.0 Prescribed Ethics CME</p>	<p>1) Workup of the medical dermatology patient 2) Management of the medical dermatology patient</p>
3:45 - 4:15pm	EXHIBITS and BREAK Mindfulness Moment: Meditation Session with Rebbecca Divya Sultan, MA, LMFT, LCADC	
4:15 - 5:15pm Lecture	<p align="center">Exercise in Medicine Adam Trujillo, MD, BCMAS</p> <p align="center">Approved for 1.0 Prescribed CME</p>	<p>1) Epidemiology/Definitions in Exercise 2) Basic Exercise Physiology - metabolism, exercise metrics, basic exercise principles 3) Exercise role in Primary and Secondary Prevention 4) Literature and research 5) Exercise Screening</p>
5:15 - 6:15pm Lecture	<p align="center">Management of Coronary Artery Disease and Peripheral Arterial Disease Dalia Hawwass, MD, FACC</p> <p align="center">Approved for 1.0 Prescribed CME</p>	<p>1) Identification of Patient with Coronary Artery Disease 2) Workup of Coronary Artery Disease 3) Modalities of noninvasive testing 4) Discuss appropriate medical management of coronary artery disease 5) Discuss management of peripheral arterial disease 6) Treatment and management of CAD and PAD</p>
6:30 - 9:00pm	Exhibit Hall and 17th Annual NAFP Sip & Savor Social and Silent Auction Ballroom C	
9:00pm	Hospitality Suite - Come and join us for a Post-Sip & Savor Party in our NAFP Hospitality Suite. Meet the board members of the NAFP and make some new friends!!! North Tower - Room 28132 Sponsored by: Humana	

SATURDAY, August 19, 2023 — 9.0 total CME
Daily Chairs: Amanda Magrini, MD, FAAFP and Troy Bertoli, MD

	Lectures & Workshops - Ballroom F & G	Objectives
7:00am - 5:45pm	Registration - Convention Center	
7:00 - 8:00am	Breakfast - Ballroom D & E	
7:00 - 8:00am	Residency Recruitment Fair and Student/Resident Breakfast Conference Rooms 11-14 (2nd floor)	
8:00 - 9:00am Lecture	Scoring Comprehensive T2DM Management Goals Javier Morales, MD Approved for 1.0 Prescribed CME	1) This session will use patient cases to examine where GLP-1 receptor agonists (RAs) fit in modern treatment algorithms and help recognize the differences between GLP-1 RA options 2) Discuss practical strategies to help navigate the ins and outs of patient-centered care
9:00 - 10:00am Lecture	Innovative Approaches to Address Agitation in Alzheimer's Disease Thomas Heinrich, MD and Charles Vega, MD Approved for 1.0 Prescribed CME	1) Summarize the impact of agitation, as defined by the International Psychogeriatric Association (IPA) Agitation Definition Working Group (ADWG), on individuals with Alzheimer's disease, their care partners, clinicians and the healthcare system. 2) Describe an approach to the identification, diagnosis and ongoing assessment of neuropsychiatric symptoms of dementia. 3) Identify the role of non-pharmacologic strategies, and when pharmacologic therapy is necessary for the treatment of agitation in dementia 4) Evaluate evidence of current and emerging pharmacologic agents for the management of agitation in patients with AD Demonstrate appropriate prescribing and monitoring of antipsychotics if needed for the treatment of agitation associated with Alzheimer's
10:00 - 10:20am	BREAK Mindfulness Moment: Feeling Check In with Rebbecca Divya Sultan, MA, LMFT, LCADC	
10:20am - 12:20pm Workshop	Pain Management and Opioids: Balancing Risk and Benefits Anita Gupta, DO, MPP, PharmD, FASA Approved for 2.0 Prescribed OUD and Prescribing CME	1) Accurately assess patients in pain 2) Develop a safe and effective pain treatment plan 3) Identify evidence-based non-opioid options for the treatment of pain 4) Identify the risks and benefits of opioid therapy 5) Manage ongoing opioid therapy 6) Recognize behaviors that may be associated with opioid use disorder
12:20 - 1:30pm Non-CME Luncheon	Mounjaro® (tirzepatide) Product Theater & Luncheon - Ballroom D & E Sponsored by Lilly USA, LLC This program is not eligible for CME	
1:30 - 4:00pm Workshop	Obesity and Lifestyle Medicine Workshop Gaurav Zirath, MD, DABOM, Kelsey West, MD, MPH, DABOM, Justine Suba-Cohen, DO, MHS, DABOM and Kyra Norris, MD, FAAFP, DABOM Approved for 2.5 Prescribed CME	1) Define obesity as a chronic disease 2) Discuss assessment, nutrition and physical activity 3) Explore role of anti-obesity medications and bariatric surgery
4:00 - 4:15pm	BREAK Mindfulness Moment: Mini Gong Yoga Nidra with Rebbecca Divya Sultan, MA, LMFT, LCADC	
4:15 - 5:15pm Poster Presentations	6th Annual NAFP Student/Resident Research Poster Displays Approved for 1.0 Prescribed CME	Review and vote for the best research poster display. Poster authors will be available throughout the day to discuss their research. Participants will be entered into a drawing for a cash prize.
5:15 - 6:45pm Lecture	Journal Jeopardy! Neil Gokal, MD, FAAFP Approved for 1.5 Prescribed CME	Join in an interactive round of Jeopardy discussing the latest topics presented in our AAFP journals.
6:45pm	Hospitality Suite - Resident and Student Reception Come Meet our Local Residents and Students along with Local Physicians and NAFP Leaders Join us for appetizers and cocktails. Don't miss out!!! North Tower - Room 28132 Sponsored by Valley Health System	

SUNDAY, August 20, 2023 — 3.0 total CME

Daily Chairs: Neil Gokal, MD, FAAFP

	Lectures & Brunch - Ballroom D & E	Objectives
8:00 - 9:00am Lecture	Acute Complaints in Pregnancy Gerica Alvarado, MD Approved for 1.0 Prescribed CME	1) Review common complaints in pregnancy we may encounter in the primary care setting 2) Review safe treatments for acute complaints 3) Learn to identify red flags for OB emergencies
9:00 - 10:00am Lecture	EKG Refresher John Villasenor, MD Approved for 1.0 Prescribed CME	1) A high yield overview of pertinent EKG findings
10:00 - 11:30am Lecture/Brunch	Dumpster Diving, Legumes for Lunch, and the Quintuple Aim: the movement toward sustainable healthcare Joanne Leovy, MD, FAAFP Approved for 1.0 Prescribed CME	1) Understand how the health system contributes to pollution and climate change 2) Understand the concept of Scope 1, 2 and 3 emissions, and the challenge of reducing Scope 3 emissions 3) Identify some tools to assess the carbon and waste footprints of your practice 4) Explore how leaning into sustainability can save money, engage staff and rejuvenate you

Close of the 34th Annual Summer CME Meeting

WE HOPE TO SEE YOU NEXT YEAR!!!

Don't miss an upcoming

Pain KSA Workshop • September 23, 2023

via Zoom

More details and registration coming soon on nvafp.com!

56th ANNUAL

NAFP

Jan 26–Feb 1, 2024
(Pre-conference KSA, Jan 25)

Winter CME Meeting Lake Tahoe

*CME, Skiing & Family Fun in
Stunning Lake Tahoe!*

More info:

Quality CME
Early Bird Rates,
Register Today!!

photo courtesy Heavenly Mountain Resort