

FRIDAY, August 22, 2025 – 9.0 total CME Daily Chairs: Gaurav Zirath, MD and Justine Suba-Cohen, DO		
	Lectures & Workshops	Objectives
7:00am - 6:30pm	Registration	
7:00 - 8:00am	Breakfast - Pavillion 11	
8:00 - 9:00am Lecture	Family Medicine Rising: Becoming The Physician Leaders Our Patients Need Us To Be <b>Jay W. Lee, MD, MPH, FAAFP</b>  Approved for 1.0 Prescribed CME	1) Frame the physician leadership journey in 4 stages based on our personal statement archetype and how to improve patient care 2) Contextualize Erik Erikson's Stages of Psychosocial Development (specifically Generativity versus Stagnation) in Family Medicine 3) Leverage Starfield's 4 C's to measure how close we are to becoming the physicians we wrote about in our personal statements
9:00 - 10:00am Lecture	Partnering for Change - Effective Strategies in Obesity Management for Primary Care Professionals <b>Robert Kushner, MD, MS and Justine Suba-Cohen, DO, DABOM, FAAFP</b>  Approved for 1.0 Prescribed CME	1) Identify the latest clinical evidence and guideline-based recommendations for the diagnosis and management of obesity 2) Analyze weight biases and stigma that can interfere with providing care for people with obesity 3) Assess strategies for engaging patients in shared decision-making related to managing obesity, including counseling, discussion of components of treatment plans and options for pharmacotherapy, and providing effective education in response to patient questions 4) Formulate appropriate and comprehensive obesity management plans according to the latest guidelines and evidence-based recommendations
10:00 - 10:15am	Break	
10:15 - 11:15am Lecture	Rethinking Uncomplicated UTIs: A Comprehensive Review of Diagnosis, Management, and Novel and Emerging Treatment Options <b>Loren Miller, MD, MPH</b>  Approved for 1.0 Prescribed CME	1) Apply evidence-based guidelines for diagnosing and managing UTIs 2) Utilize appropriate antimicrobial therapies to minimize resistance 3) Evaluate factors contributing to treatment failures and adopt strategies to address them 4) Integrate patient education and shared decision-making into clinical practice.
11:15am - 1:15pm AI Workshop	UTI AI Workshop Pavilion 9	
11:15am - 12:15pm Lecture	Incidentaloma: High Yield Management <b>Charles H. Chestnut III, DO, FACS, MSM</b>  Approved for 1.0 Prescribed CME	1) Recognize and identify the nine most common incidentalomas 2) Discuss presentation, differential, testing and treatment
12:15 - 1:15pm Lunch & Exhibits	Lunch & Exhibits - Pavilion 2, 3 and 4	
1:15 - 2:15pm Lecture	Overcoming Obesity: A PCP's Guide to Comprehensive Obesity Care <b>Keisha Harvey-Mansfield, MD, FAAFP</b>  Approved for 1.0 Prescribed CME	1) Integrate evidence-based approaches to diagnose, manage, and treat obesity, including in patients with concurrent comorbidities 2) Determine appropriate treatment with consideration on the latest clinical evidence, mechanism of action, side effects, drug administration frequency, and patient-specific factors when developing individualized treatment plans for patients with obesity 3) Employ shared decision-making and multidisciplinary approaches when discussing weight management strategies, including treatment and lifestyle modifications, to support optimal adherence and outcomes for patients with obesity
2:15 - 3:15pm Lecture	Psychopharmacology of ADHD <b>Mujeeb Shad, MD, MSCS, DFAPA</b>  Approved for 1.0 Prescribed CME	1) Learn the basic neurobiology of ADHD 2) Understand why stimulants and non-stimulants are effective in managing in ADHD 3) Know the mechanism-based classification of ADHD medications 4) Learn future directions of ADHD treatments
3:15 - 3:30pm	Break and Exhibits - Pavillion 2, 3 and 4	
3:30 - 4:30pm Lecture	Primary Care at the Center of RSV Prevention: Community-Focused Strategies to Foster Trust and Vaccine Acceptance <b>Charles P. Vega, MD</b>  Approved for 1.0 Prescribed CME	1) Identify appropriate candidates for RSV vaccination, particularly those at high risk for severe lower respiratory disease 2) Incorporate RSV vaccines into care plans, consistent with current evidence-based guideline recommendations 3) Engage patients in culturally sensitive, shared decision-making discussions about the risks associated with RSV infection to overcome barriers and vaccine hesitancy
4:30 - 5:30pm Lecture	Dermatology for Primary Care <b>Victoria G. Farley, MD, FAAD</b>  Approved for 1.0 Prescribed CME	1) Learn AAD treatment guidelines for acne and how to incorporate that into clinical practice 2) Learn AAD treatment guidelines for atopic dermatitis and how to incorporate that into clinical practice 3) Learn AAD treatment guidelines for psoriasis and how to incorporate that into clinical practice
5:30 - 6:30pm Lecture	Shedding Light on T2D: Weight Management and Future Breakthroughs <b>Charles P. Vega, MD</b>  Approved for 1.0 Prescribed CME	1) Appropriately align the risks associated with excess weight in T2D and the impact of weight loss and maintenance on T2D outcomes 2) Consistently employ the latest clinical data and mechanisms of action for new and emerging treatment options for T2D, including GLP-1 receptor agonists when developing comprehensive treatment plans 3) Correctly apply strategies to initiate weight management conversations and engage patients with T2D in shared decision-making
6:30 - 9:00pm	Exhibit Hall and 19 <sup>th</sup> Annual NAFF Sip & Savor Social and Silent Auction Pavillion 2, 3 and 4	

<b>SATURDAY, August 23, 2025 – 8.5 total CME</b> <b>Daily Chairs: Amanda Magrini, MD and Troy Bertoli, MD</b>		
	<b>Lectures &amp; Workshops</b>	<b>Objectives</b>
7:00am - 5:45pm	Registration - Convention Center	
7:00 - 8:00am	<b>Breakfast - Pavillion 11</b>	
8:00 - 9:00am Lecture	Homozygous Familial Hypercholesterolemia <b>P. Barton Duell, MD</b>  Approved for 1.0 Prescribed CME	1) Differentiate homozygous familial hypercholesterolemia (HoFH) from the heterozygous genotype and other lipid disorders 2) Perform lipid screenings in pediatric and adult patients and follow up with genetic testing and cascade screening for HoFH, as appropriate 3) Initiate and intensify lipid-lowering therapy as appropriate for all patients with elevated LDL-C levels, recognizing that patients with HoFH will also require specialty care 4) Refer patients with HoFH and their families to qualified specialty healthcare professionals and share support resources to help facilitate access to appropriate evidence-based treatment
9:00 - 10:00am Lecture	Optimizing Health: Nutrition Strategies for Obesity, Inflammation, and Supplementation <b>Julie Usdavin, MS, RD, LD</b>  Approved for 1.0 Prescribed CME	1) Identify key strategies for preventing and managing obesity through lifestyle and dietary interventions 2) Explain the relationship between sugar consumption and inflammation in the body 3) Outline nutritional strategies to support patients on GLP-1 medications, including managing side effects and preventing nutrient deficiencies 4) Understand the role supplements can play in supporting patient health and well-being.
10:00 - 10:15am	<b>Break</b>	
10:15 - 11:15am Lecture	From Trauma to Treatment: Managing PTSD in the Primary Care Setting <b>Charles P. Vega, MD and Lori L. Davis, MD</b>  Approved for 1.0 Prescribed CME	1) Recognize the prevalence of PTSD in the civilian population and incorporate strategies to routinely screen for trauma/PTSD 2) Implement standardized approaches to diagnose PTSD in an accurate and timely manner while considering patient characteristics and comorbidities 3) Evaluate the limitations of PTSD treatments, including gaps in symptom coverage, safety concerns and their efficacy across diverse patient populations 4) Compare the mechanism of action, efficacy and safety profiles of current PTSD treatments with emerging agents
11:15am - 12:15pm Lecture	Cardiology Pearls for Primary Care <b>Amish Prasad, DO, FACC, FACO</b>  Approved for 1.0 Prescribed CME	1) Identify, screen for, and manage cardiovascular conditions 2) Identify which patients would benefit from a cardiology evaluation 3) Identify which patients can be managed by primary care
12:15 - 1:30pm Lunch	Overcoming Clinical Inertia to optimize Guideline Directed Medical Therapy  <b>Non-CME Lunch - Pavilion 11</b> <i>Sponsored by: Boehringer Ingelheim</i>	
12:15 - 1:30pm Lunch	<b>Student/Resident Luncheon - Pavilion 9</b>	
1:30 - 3:00pm Workshop	Joint Injection Workshop <b>Andra Prum, DO, FAAFP, Dylan Ceschi, DO and Ben Winter, DO</b>  Approved for 1.5 Prescribed CME	1) Review the goals, indications and contraindications for joint injections 2) Discuss equipment needed for joint injections 3) Review steroid and local anesthesia options for joint injections 4) Review pertinent Surface Anatomy 5) Discuss Techniques for injections for the following 6) Large joint steroid injection (knee, shoulder, hip), Medium Joint steroid injection ( elbow and wrist), Small Joint steroid injection (foot and phalanges) 7) Discuss post Steroid Joint injection care and patient instructions/ complications
3:00 - 4:00pm Lecture	Cannabis: the Good, the Bad, and the Very Ugly <b>Maureen Strohm, MD, FAAFP, DFASAM</b>  Approved for 1.0 Prescribed CME* <i>*Eligible for Credit towards Pain Management, Misuse and Abuse of Controlled Substances or Addiction</i>	1) Describe the neurobiology of marijuana and the endocannabinoid system 2) Discuss benefits and risks of cannabis use, relative to substance (THC, CBD) and method of use as well as age of user 3) Outline the changes in consequences of chronic cannabis use due to rising concentrations of THC
4:00 - 4:30pm Wellness Break	<b>Break</b> <b>FAAFP Convocations and NAFP Presidential Pin Ceremony</b>	
4:30 - 5:30pm Poster Presentations	NAFP Student/Resident Research Poster Displays  Approved for 1.0 Prescribed CME	Review and vote for the best research poster display. Poster authors will be available throughout the day to discuss their research. Participants will be entered into a drawing for a cash prize.
5:30 - 6:30pm Panel	Journal & Family Medicine Board Exam Jeopardy! <b>Jeffrey Ng, MD, FAAFP</b>  Approved for 1.0 Prescribed CME	Join in an interactive round of Jeopardy discussing the latest updates from our AAFP Journals and pearls from the Family Medicine Board Exam
6:30pm	<b>Hospitality Suite and Resident and Student Reception</b> Come Meet our Local Residents and Students along with Local Physicians and NAFP Leaders Join us for appetizers and cocktails. Don't miss out!!! <i>Sponsored by: Valley Health System</i>	

SUNDAY, August 24, 2025 – 5.0 total CME Daily Chairs: Gaurav Zirath, MD and Justine Suba-Cohen, DO		
	Lectures & Workshops	Objectives
7:30 - 8:30am Lecture and Breakfast	Bridging Community: Collaborative Efforts in Early Detection and Intervention for Alzheimer's Disease <b>Ariel Cole, MD, CMD, FAAFP and Paul Schulz, MD</b>  Approved for 1.0 Prescribed CME	1) Integrate strategies into care plans that optimize brain health for patients with factors that increase the risk of cognitive decline and AD 2) Describe the latest evidence supporting the need for the early detection of mild cognitive impairment in the AD continuum 3) Develop patient-centered communication strategies to address brain health and cognitive concerns with patients and their caregivers
8:30 - 9:30am Lecture	The Wake-Up Workshop Initiative: Your Practical, Comprehensive Guide to Obstructive Sleep Apnea <b>Keisha Harvey-Mansfield, MD, MHPE, FAAFP and Roger Seheult, MD</b>  Approved for 1.0 Prescribed CME	1) Discuss the importance of diagnosing obstructive sleep apnea (OSA), including its relationship to disease associated complications 2) Screen patients for and diagnose OSA using evidence-based guideline recommendations 3) Develop guideline-directed obesity management plans for patients with OSA as part of an evidence-based OSA treatment strategy 4) Monitor treatment for OSA and modify therapy, as appropriate
9:30 - 10:30am Lecture	Moving the Needle in Older Adults: A Provider Townhall to Enhance Vaccine Uptake <b>Dale W. Bratzler, DO, MPH, MACOI, FIDSA</b>  Approved for 1.0 Prescribed CME	1) Accurately assess the health burden of vaccine- preventable diseases, including RSV, pneumococcal disease, and herpes zoster (shingles) in older adults, and its impact on health disparities and healthcare systems 2) Employ the latest clinical data, encompassing safety profiles, efficacy rates, and administration schedules for new and emerging vaccines in accordance with guideline recommendations 3) Correctly apply evidence- based approaches to address patient-level challenges, barriers, and perceptions related to vaccines in older adults, especially among individuals from historically marginalized communities, to support vaccine uptake and completion.
10:30am - 12:30pm Lecture/Group Discussion	Thriving Through the Turmoil: Wellness Tools for the Modern Family Doctor <b>Whitney Koch Owens, PsyD</b>  Approved for 2.0 Prescribed CME* <i>*Eligible for credit towards Suicide Detection, Intervention and Prevention</i>	1) Review education on current research related to physician burnout and suicide 2) Recognize institutional impacts of physician burnout and chronic stress and ways to address this 3) Recognize signs of suicidal ideation and offer strategies and resources to support those in need 4) Contribute to safe and ethical patient care by identifying ways in which evidence-informed interventions can impact physician well-being and thereby the well-being of their patients.
Close of the 36th Annual Summer CME Meeting		
WE HOPE TO SEE YOU NEXT YEAR!!!		



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