COME CELEBRATE WITH US!

On behalf of the Nevada AFP, we invite you to join us for up to 59 credits of CME in 6 days, world-class downhill and cross-country skiing, snow-boarding, sledding and nightly activities. Please join us for a package unequaled anywhere, and see why we can say it is "The Original and Still The Best" Winter CME Meeting in the West.

The word "Tahoe" says it all...located in the heart of the Sierra Nevada, this exquisite alpine lake sits at 6,225 feet above sea level and is surrounded by several of the finest ski resorts in the World. Lake Tahoe has a ski season that runs from mid-November to mid-April, an average of 40 feet of ski-level snow per season and more than 300 sunny days per year make Tahoe skiing legendary. More than 20 ski areas are within an hour's drive and Heavenly Mountain Resort is just steps away from Harrah's Lake Tahoe. With 4,800 acres, 97 trails, and 28 lifts, there is something for every level of skier at Heavenly.

We are excited about returning to Harrah's Lake Tahoe. Located near crystal clear waters and majestic mountains, Harrah's Lake Tahoe is a AAA Four-Diamond Award winning hotel that is as impressive as the lake itself. With award-winning guestrooms, seven exceptional restaurants, a magnificent swimming pool and a luxurious spa, Harrah's Lake Tahoe is the perfect getaway.

We hope you can join us for great CME and a wonderful vacation!

Catherine McCarthy, MD, FAAFP - NAFP CME Chair

HOTEL REGISTRATION
Harrah's Lake Tahoe, 15 Hwy 50 Stateline, NV 89449
Book your room online at nvafp.com or call 800-455-4770. All reservations made by phone will be subject to a $15 fee. Be sure to identify yourself with the Group Code: Harrah's Lake Tahoe or Harveys Lake Tahoe, S01NVA9 to receive the special group rate. Standard/run-of-the house rooms, single/double occupancy. Harrah's: Sun–Thu $85, Fri $135, Sat $195; Harveys: Sun–Thu $69, Fri $129, Sat $159. Call for availability.

RESERVATIONS MUST BE MADE NO LATER THAN January 11, 2019. Rates do not include daily resort fee, plus tax. Reservations made after January 11, 2019 will be confirmed on a space-available basis at the prevailing rate available. First night's deposit is required to make a reservation. Any individual cancellation or early departure within 72 hours from the date of arrival will be billed for the entire stay, room and tax. Please make your hotel reservations early!

TRANSPORTATION
Ground transportation from the Reno/Tahoe International Airport is provided by car rental or by the South Tahoe Airporter shuttle service. For additional information call 866-898-2463 or make reservations online at southtahoeairporter.com.

WE ARE CELEBRATING 51 YEARS IN BEAUTIFUL LAKE TAHOE!

Join us for up to 59 CME credits including KSA Group Sessions; Workshops on Physician Burnout, Sports Medicine, Suturing, Wilderness Medicine, the latest Clinical Guidelines, and much more!

PLUS World-class Skiing/Snowboarding · Nightly Receptions/Silent Auction · Exhibits · Wine and Beer Tasting · Poker Tournament and Round-the-Clock Fun!!

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Over 25 technical and scientific exhibits will be open Sunday and Monday evenings from 6:30–8:30pm. Please show your appreciation by visiting each booth during our nightly receptions. If you complete the exhibitor signature card you will be eligible to win a pair of skis or snowshoes. Refreshments will be served in the exhibit hall each evening and wonderful ski prizes will be given away each night at 7:00pm.

Saturday, January 26, 2019
8:00am–5:00pm Pre-Registration - Special Events Center
8:30am–12:30pm Women's Health KSA Workshop MUST SIGN UP TO ATTEND (additional fee)
1:30–5:30pm Well Child Care KSA Workshop MUST SIGN UP TO ATTEND (additional fee)

Sunday, January 27, 2019
7:00am–6:30pm General Registration - Special Events Center
7:00–8:00am Research Poster Displays
8:00–9:00am AAFP Update
9:00–10:00am New Lipid Guidelines
10:15–11:15am Care of the Post Bariatric Surgery Patient
11:15am–12:15pm GERD - Getting your Patients Off PPIs
12:30–1:30pm Conservative Care for the Spine
Nevada Healthcare Providers Only
1:45–2:45pm Cardiology Updates
2:45–3:45pm Radiology Pearls
4:00–5:15pm Neuro Hot Topics - Pain & Opioids, Spine, and Brain
5:15–6:30pm Journal Jeopardy!
6:30–8:30pm Wine Tasting Reception & Silent Auction and Exhibits - Exhibit Hall
Sponsored by Sierra Neurosurgery Group
8:30pm Sponsor Appreciation and Local’s Day Hospitality Night - Hospitality Suite
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Wednesday, January 30, 2019
6:00am–6:30pm General Registration - Special Events Center
7:00–8:00am Case Studies in the Practical Evaluation & Management of Irritable Bowel Syndrome with Diarrhea
8:00–9:00am Pre-Op Evaluation
9:15–11:15am Wilderness Medicine Workshop
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7:00–7:30pm Cocktail Reception
7:30–10:30pm Join us for our Farewell 70s Party! We’ll provide dinner and groovy cocktails—you bring the FUN! Drawing for two pairs of skis and one pair of snowshoes (must be present to win).

Thursday, January 31, 2019
8:00–9:00am Improving Diagnosis and Treatment of Atopic Diseases Through Collaborative Primary & Specialist Care
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10:00–11:30am Top Articles in Family Medicine
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ADJOURNMENT OF THE 2019 WINTER CME MEETING

We would like to thank the following sponsors for their support of our program:
American Academy of Family Physicians • California Academy of Family Physicians • GI Consultants • Integrity Continuing Education Northern Nevada Medical Center • Novus Medical Education Primary Care Education Consortium • Renown Health Renown Institute for Heart and Vascular Health Roseman College of Medicine • Saint Mary’s Health Network Sierra Neurosurgery Group • SpineNevada • Touro University Nevada University of Nevada Reno School of Medicine UNLV School of Medicine

Monday, January 28, 2019
6:00am–7:00pm General Registration - Special Events Center
7:00–8:00am Palliative Care
8:00–9:00am Vitamin D Testing and Supplements: Controversies and Recommendations
9:15–11:15am Osteopathic Techniques for Motor Vehicle and Sports Accidents Workshop
12:15–3:15pm Physician Health First - Battle Burnout Workshop
3:30–4:00pm PSA Guidelines - USPSTF vs AAFP
4:00–5:00pm Smoking Cessation
5:00–6:30pm Comprehensive Care of the Ortho, Pain and Spine Patient
6:30–8:30pm Fiesta Beer & Margarita Reception & Exhibits - Exhibit Hall
Sponsored by SpineNevada
8:30pm Margarita Party - Hospitality Suite
Sponsored by SpineNevada

Tuesday, January 29, 2019
6:00–10:00am General Registration - Special Events Center
7:00–8:00am Managing Complex Patients with Depression: Considerations and Best Practices
8:00–9:00am Case Studies on Type 2 Diabetes Mellitus: Focus on Cardiovascular Outcomes Trials
9:15–11:15am Track A: Ultrasound Workshop
Track B: NEXplanon Workshop
12:30–2:30pm Musculoskeletal Techniques Workshop
2:45–4:15pm Menopause and Women's Health Workshop
4:30–5:30pm Reproductive Health Care: Conversations for Family Physicians and Their Patients
5:30–6:30pm The Challenge of Managing ASCVD Risk in Family Practice
6:30–8:30pm Hospitality Suite Final Night - Poker Tournament Pointers and Warm-up Rounds
Sponsored by GI Consultants
9:00pm 11th Annual Winter Meeting Poker Tournament - Harvey’s Poker Room ($70 buy-in)

KSA GROUP LEARNING SESSION (formerly SAM Session)
Please join us for our KSA Group Learning Sessions on Women’s Health and Well Child Care. The Clinical Self-Assessment (formerly Clinical Simulation) is no longer required and is an optional activity. All results from the KSA will be automatically transmitted to the ABFM. At the completion of the self-assessment module, participants will receive 8 CME and 10 points for each KSA from the ABFM. Additional per-sessional fee of $150 for Meeting Attendees and $200 for Non-Meeting Attendees.

POKER TOURNAMENT
Tuesday night we will be hosting our 11th Annual Poker Tournament in the Harvey’s Poker Room. This is a private tournament for our group and is open to players of all levels. Limited seating is available, so sign up early! The tournament will cost $70. Join us and try your luck. Complimentary cocktail service will also be provided during tournament play.

DISCOUNT SKI LIFT TICKETS AND RENTAL EQUIPMENT
The NAFP will have discount ski lift tickets for Heavenly Mountain Resort, Northstar at Tahoe, and Kirkwood available at the registration desk. Quantities will be limited and will be sold on a first-come, first-served basis. You can order lift tickets when you pre-register for the meeting.

ACCREDITATION
CONTINUING MEDICAL EDUCATION CREDIT: This program has been submitted to the American Academy of Family Physicians for 43.5 Prescribed Credits (plus an additional 8.0 Prescribed Credits for each KSA session).

Physician Credit: AAFP Prescribed Credit is accepted by the AMA as equivalent to AMA PRA Category 1 for the AAFP Physician Recognition Award. When applying for AMA PRA prescribed credits earned must be reported as Prescribed Credits, not as Category 1. Each physician should claim only those credits that he/she actually spent in the educational activity. One hour of lecture equals one credit. Program evaluation must be completed and turned in to receive credit.

AAFP adheres to ACCME Standards regarding industry support of continuing medical education, and disclosure of faculty and commercial sponsor relationships (if any) will be made known at the activity. Speakers are also expected to openly disclose inclusion of discussion of any off label, experimental, or investigational use of drugs, devices, or equipment in their presentations.

OBJECTIVES
Physicians attending this program will receive current information on a diversity of medical topics pertinent to patient care in daily practice. Topics were chosen from suggestions submitted on evaluation forms completed by 2018 Winter CME Meeting attendees, as well as future trends and the relevance to quality patient care. As the completion of the program, registrants will have a working and applicable understanding of these topics. Objectives for each individual presentation will be included in the meeting syllabus and speaker handouts. This meeting also allows an opportunity for students, residents, practicing physicians, educators, and faculty to interact academically, professionally, and socially.
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University of Nevada Reno School of Medicine
UNLV School of Medicine

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