

SATURDAY, January 22, 2022 — 16.0 Total CME

	Workshops	Objectives
8:30am - 12:30pm Workshop	Behavioral Health Care- KSA Group Learning Session Richard Williams, MD, Sarah Maples, MD, and Amanda Magrini, MD, FAAFP (Additional Fee - Space Limited)	Participants will take the Knowledge Self Assessment as a group, all results will be automatically transmitted to the ABFM. Each individual will earn 8.0 CME from the AAFP and 10 points directly from the ABFM.
12:30 - 1:30pm	Lunch on your own	
1:30 - 5:30pm Workshop	Asthma- KSA Group Learning Session Joanne Leovy, MD FAAFP, Thomas Hunt, MD, FAAFP and Richard Williams, MD (Additional Fee - Space Limited)	Participants will take the Knowledge Self Assessment as a group, all results will be automatically transmitted to the ABFM. Each individual will earn 8.0 CME from the AAFP and 10 points directly from the ABFM.
8:00am - 5:30pm	STUDENT/RESIDENT CONFERENCE	
8:00am - 5:30pm	Registration - Convention Center	

SUNDAY, January 23, 2022 — 10.5 Total CME		
Daily Chairs: Catherine McCarthy, MD and Troy Bertoli, MD		
	Lectures & Workshops	Objectives
6:00am - 6:30pm	Registration - Convention Center	
6:00 - 7:30am	Breakfast Buffet	
Meal included	Sponsored by: SpineNevada	
6:00 - 7:00am	5th Annual NAFP Student/Resident Research Poster Displays Approved for 1.0 Prescribed CME	Review and vote for the best research poster display. Poster authors will be available throughout the day to discuss their research. Participants will be entered into a drawing for a cash prize.
7:00 - 8:00am	FMRevolution and Physician Advocacy Jay Lee, MD, MPH, FAAFP Approved for 1.0 Prescribed CME	1) Review historical changes in structure of and power within the U.S. health care system 2) Delineate how clinical decision-making differs from policy/political decision-making 3) Outline how to become a better engaged physician and a change agent
8:00 - 9:00am	Acne: A comprehensive Approach to a Common Complaint Neil Gokal, MD, FAAFP Approved for 1.0 Prescribed CME	1) Accurately assess acne severity 2) Improve diagnostic acumen of cause 3) Solidify understanding of treatment options 4) Enhance shared decision making to improve outcomes
9:00 - 10:00am	High Risk Medication Use in the Elderly and Deprescribing Alvin Lin, MD, FAAFP Approved for 1.0 Prescribed CME	1) Evaluation common prescribing errors in the elderly 2) Develop an approach for safe drug prescribing and monitoring in the elderly 3) Consider the application of the Beers and START/STOP criteria for prescription of benzodiazepines, and similar high risk medications in the elderly patient population 4) Adopt a step-wise approach to evaluation of polypharmacy and prescribing process that includes follow-up monitoring for adverse effect and symptom rebound
10:00 - 10:15am	Break	
10:15 - 11:15am	Updates on Chronic Venous Disease and Osteoporosis and Vertebral Augmentation Waqar Ahmad, MD and Hugh McDermott, MD Approved for 1.0 Prescribed CME	1) Identify how Chronic Venous Insufficiency (CVI) is prevented and diagnosed 2) Cite the treatment and management options for chronic venous insufficiency based on patient outcome and research studies 3) Report the relationship between chronic venous insufficiency and non-healing wounds, and the overall quality of life of patients 1) Who is at risk for osteoporosis and vertebral compression fractures 2) Preventative treatments 3) What is vertebral augmentation 4) Morbidity and Mortality benefits of vertebral augmentation
11:15am - 12:15pm	Update on Sleep Apnea Christina Szot, MD Approved for 1.0 Prescribed CME	1) Review diagnosis and management of sleep apnea
12:30 - 1:30pm	New Horizons in Outpatient Care* Joel Rainwater, MD *Prescribed CME Credit Pending Lunch Sponsored by: Comprehensive Integrated Care	1) Attendees shall become familiar in the safety, efficacy, and value associated with minimally invasive outpatient cardiovascular, oncology, and orthopedic care
1:45 - 2:45pm	World War COVID Mark Pandori, PhD Approved for 1.0 Prescribed CME	1) Describe different laboratory-based tests for detection of SARS-CoV-2 2) Describe the functionality of rapid tests vs. lab-based tests 3) Understand the process by which new variants emerge
2:45 - 3:45pm	Heart Failure Essentials for Primary Care Clinicians Waddy Gonzalez Diaz, MD Approved for 1.0 Prescribed CME	1) Provide targeted education on heart failure treatment for primary care clinicians that includes evidence-based approaches to promote early treatment of heart failure 2) Optimization of pharmacotherapy, and effective transitions of care to prevent rehospitalization and disease progression in the outpatient setting
3:45 - 4:00pm	Break	
4:00 - 5:00	Neurologic Exam Pearls for the Primary Care Physician and Spinal Oncology Edward Perry, MD and Richard Price, MD Approved for 1.0 Prescribed CME	1) Primary docs should gain understanding of neurologic examination pearls that can help in basic and emergent diagnoses 1) To review the types of tumors that affect the spine 2) Describe physical exam findings common in spinal oncology 3) Review imaging modalities that are useful for spinal oncology diagnosis 4) Review the Spine Instability Neoplastic Score for metastatic spine tumors
5:00 - 6:30pm	Journal Jeopardy! Jeffrey Ng, MD, FAAFP Approved for 1.5 Prescribed CME	1) Understand and Answer questions about Journal topics in the AAFP journals Aug 2021 to Jan 2022
6:30 - 8:30pm	Welcome Wine Tasting Reception and Silent Auction & Exhibits - Exhibit Hall Drawing for a pair of snowshoes - Must be present to win! Sponsored by: SpineNevada and Sierra Nevada Specialty Care	
8:30pm	Sponsor Appreciation and Local's Day Hospitality Night - Come Meet our Local Physicians and Help Thank All of our Sponsors and Exhibitors - Cocktails, Desserts, and a Champagne Toast. Don't miss out!!! Sponsored by: Nevada Advanced Pain Specialists	

MONDAY, January 24, 2022 — 9.5 Total CME Daily Chairs: Amanda Magrini, MD and Sarah Maples, MD		
	Lectures & Workshops	Objectives
6:00am - 7:00pm	Registration - Convention Center	
6:00 - 7:30am Meal included	Breakfast Buffet	
7:00 - 8:00am Lecture	Minimally Invasive Surgical Options for Management of GERD Jane M. Ohde, DO Approved for 1.0 Prescribed CME	1) Discuss the importance of GERD 2) Recognize atypical presentations of GERD 3) Identify when conservative measures have failed 4) Understand treatment of GERD beyond PPI
8:00 - 9:00am Lecture	Updates in Cardiology: What's New in the Field and Guidelines. Christopher Rowan, MD Approved for 1.0 Prescribed CME	1) Understand the spectrum of metabolic treatment for heart failure 2) What were there updates in 2021 in Heart Failure 3) What treatments are now showing proof in syncope 4) What patient now are appropriate for transcatheter valve replacement 5) For patients needing anticoagulation, what drug is best? 6) How common in cardiomyopathy in COVID? 7) What is the risk of myopericarditis from the COVID vaccine?
9:00 - 9:15am	Break	
9:15 - 11:15am Workshop	Bedside Ultrasound Ertha Nanton, MD Approved for 2.0 Prescribed CME	1) Introduce family medicine residents to the basics of ultrasound 2) Techniques for obtaining the image and how ultrasound can be used in the office setting
11:15am - 12:30pm	LUNCH ON YOUR OWN	
12:30 - 2:30pm Workshop	Dermoscopy Workshop Stephanie Wright, MD and Andrea Sanford, MD Approved for 2.0 Prescribed CME	1) Examine different skin lesions using dermatoscopes to determine typical pathologic patterns of types of skin cancer 2) Utilize dermoscopy to differentiate seborrheic keratoses from melanocytic lesions 3) Integrate checklists and evaluation tools into a dermoscopic examination of suspected skin lesions and melanoma to compile an accurate diagnosis and treatment plan 4) Conduct a cost/benefit analysis of dermatoscopes in your practice
2:45 - 4:15pm Workshop	Telemedicine: What We Know Now and the Way Forward Christine Quartuccio-Carran, DO Approved for 1.5 Prescribed CME	1) Identify the benefits and limitations of telemedicine encounters 2) Explore best practices for providing patient care through telemedicine platforms 3) Address issues pertaining to access to care and healthy equity 4) Discuss innovations, trends and the future of telemedicine
4:15 - 4:30pm	Break	
4:30 - 5:30pm Lecture	Pre-Operative Clearance Gaurav Zirath, MD, MBA Approved for 1.0 Prescribed CME	1) Importance of Pre-operative Clearance 2) Approach of pre-operative assessment 3) Accurate assessment of functional status 4) Risk factor and medication optimization 5) Risk calculators
5:30 - 6:30pm Lecture	Thyroid Disease and Bariatric Surgery in the times of COVID Sharon Wright, MD, FACS and Lars Webb, MD Approved for 1.0 Prescribed CME	1) Identification and work up of thyroid disease 1) Indications for bariatric surgery 2) Changes in the Process due to COVID 3) Describe post-operative medication management 4) Describe long-term follow-up goals
6:30 - 8:30pm	FIESTA Beer and Margarita Tasting Reception & Exhibits - Exhibit Hall Sponsored by: Renown Health	
8:30pm	Hospitality Suite - Come and join us for a margarita party! Meet the board members of the NAFFP, our Nevada Residents and make some new friends!!! Sponsored by: SpineNevada, Vein Nevada and Swift Urgent Clinic	

TUESDAY, January 25, 2022 — 9.5 Total CME		
Daily Chair: Tim Grunert, MD and Lauren Turich, MD		
	Lectures & Workshops	Objectives
6:00 - 10:00am	Registration - Convention Center	
6:00 - 7:30am Meal included	Breakfast Buffet	
7:00 - 8:00am Lecture	Orthopedic Complications of Dog and Cat Bites and Aerospace Medicine Jason H. Hyde, DO and Nicholas K. Molby, DO Approved for 1.0 Prescribed CME	1) Identify common complications of and care for dog and cat bites 1) Understanding what aerospace medicine is, how it pertains to family medicine and patient care
8:00 - 9:00am Lecture	Sports-Related Foot Injuries Mark Stovak, MD, FAAFP, CAQSM Approved for 1.0 Prescribed CME	1) Describe common foot injuries in sports 2) Diagnose common foot injuries in sports 3) Treat common foot injuries in sports
9:00 - 9:15am	Break	
9:15 - 11:15am Workshop	Casting, Splinting and Bracing Workshop Mark Stovak, MD, FAAFP, Scott Hall, MD, Jason H. Hyde, DO and Nicholas K. Molby, DO Approved for 2.0 Prescribed CME	1) Indications for casting and splinting 2) Learn about different casting and splinting products 3) Practice application of casts and splints 4) Place casts & braces on upper extremity injuries
11:15am - 12:30pm	LUNCH ON YOUR OWN	
12:30 - 2:30pm Workshop	Round Tables: ABFM Update - Daniel R. Spogen, MD, FAAFP USPSTF Latest Updates - Richard Williams, MD Mental Health Collaborative Care Model - Lauren Turich MD, and Dan Bester, MD Primary Care Advocacy - Timothy Grunert, MD Approved for 2.0 Prescribed CME	1) We will review contraceptive options based on the CDC medical eligibility criteria 2) Practice placing hormonal and non-hormonal IUDs and Nexplanon subdermal implants 3) Review emergency contraception options and endometrial biopsy 4) Understand the importance of various forms of advocacy and ways to engage in advocacy to support patients and practice
2:45 - 4:15pm Workshop	Women's Health Procedures Catherine McCarthy, MD, FAAFP, Leslie Greenberg, MD, FAAFP and Fay Roepcke, MD, MPH Approved for 1.5 Prescribed CME	1) To have learners be aware of new updates in continuing board certification 2) To have the learner be aware of the new ABFM webpage and its navigation 3) Review and discuss the latest USPSTF guidelines and discuss implementing them into your practice 4) Review mental health collaborative care models and how to implement them into your practice
4:15 - 4:30pm	Break	
4:30 - 5:30pm Lecture	Demystifying Bioidentical Hormone Therapy: Wisdom and Tools to Improve Menopause Care Lynn Tomlinson Anderson, DNP, CNM, APRN Approved for 1.0 Prescribed CME	1) Understand the physiology of perimenopause and menopause 2) Correctly identify a client's stage of menopause, evaluate her symptoms and provide evidence-based educational material 3) Recognize the common symptoms of menopause and discuss treatment options with clients 4) Understand bioidentical vs synthetic pharmacological treatment options 5) Assess risk factors and use tools to facilitate shared decision making regarding treatment options 6) Assist women in planning life-style changes to enhance wellness in menopause
5:30 - 6:30pm Lecture	Chronic Sinusitis and Other Nasal Complaints Josh Meier, MD Approved for 1.0 Prescribed CME	1) To learn how to differentiate between allergic rhinitis, vasomotor rhinitis and various forms of chronic sinusitis 2) To learn current treatment options for covid related smell loss 3) To learn current treatment options for chronic sinusitis
6:30 - 8:00pm	Hospitality Suite - Come and join us for our final night in the NAFFP Hospitality Suite	

WEDNESDAY, January 26, 2022 — 9.5 Total CME		
Daily Chairs: Kaleb Wartgow, MD and Catherine McCarthy, MD		
	Lectures & Workshops	Objectives
6:00am - 6:30pm	Registration - Convention Center	
6:00 - 7:30am Meal included	Breakfast Buffet	
7:00 - 8:00am Lecture	You Don't Need to Refer That Out: Gender Affirming Primary Care Karen Thiele, MD Approved for 1.0 Prescribed CME	1) Become familiar with basic terminology around gender identity 2) Learn how to make a welcoming office environment 3) Learn the typical hormone regimens for feminization and masculinization 4) Learn how to address discomfort
8:00 - 9:00am Lecture	Implementing HIV and STI prevention in your clinic Rob Phoenix, MSN, APRN, FNP-C Approved for 1.0 Prescribed CME	1) Apply screening guidelines for STIs and HIV 2) Understand HIV prevention (screening/PEP/PrEP/U=U/TaSP) that can be implemented in various clinical settings 3) List requirements of SB211 and SB325
9:00 - 9:15am	Break	
9:15 - 11:15am Workshop	Let's Talk Sexual Health Workshop Rob Phoenix, MSN, APRN, FNP-C Approved for 2.0 Prescribed CME	1) State the significance of a sex positive approach to sexual health 2) Perform a sexual health history 3) Develop individualized risk reduction plans 4) State the importance of extragenital testing 5) State how SB211 impacts the Nevada primary care providers 6) Identify opportunities for HIV prevention 7) Identify populations for sexual health ---screening/intervention based on the USPTF guidelines 8) Identify patients who might benefit from HIV prevention services
11:15am - 12:30pm	LUNCH ON YOUR OWN	
12:30 - 2:30pm Workshop	Wilderness Medicine Workshop: Safe Travel and Patient Evacuation in the Winter Wilderness David Fiore, MD, FAAFP and Sam Dugan, MD, Wilderness Medicine Fellow Approved for 2.0 Prescribed CME	1) Identify features creating unsafe winter backcountry travel 2) Explain the basic elements that create avalanches 3) Find and create a safe landing zone for a helicopter rescue 4) Build a basic litter for patient evacuation
2:30 - 2:45pm	Break	
2:45 - 4:15pm Workshop	Demystifying MAT...Start with Alcohol Use Disorder Maureen Strohm, MD, FAAFP, FASAM Approved for 1.5 Prescribed CME	1) Describe trends of substance use, complications and deaths and impact of COVID-19 pandemic 2) Address obstacles to integrating treatment for patients with substance use disorders (SUDs), focusing on alcohol use disorder (AUD) as an initial step 3) Outline approach to the pharmacotherapy of AUD to include disulfiram, acamprosate and naltrexone 4) Implement MAT therapies for patients who are 'Ready for Action'
4:15 - 4:30pm	Break	
4:30 - 5:30pm Lecture	Frontier Obstetrics John Cullen, MD, FAAFP Approved for 1.0 Prescribed CME	1) Understand the unique challenges facing rural maternity care providers and birthing people in their communities 2) Identify strategies and approaches being used to provide safe, high-quality maternity care in rural communities, including adaptations to care during the COVID-19 pandemic 3) Discuss the intersection between race and geography and how providers in rural communities are working to provide equitable care 4) Adopt resources and tools that can be used in any rural community to support
5:30 - 6:30pm Lecture	Pharmacotherapy for Obesity Management Kelsey West, MD Approved for 1.0 Prescribed CME	1) Identify medications that lead to weight gain and how to choose alternative agents 2) Review medications that are available for obesity management 3) Apply practical use and selection of medications as part of a comprehensive approach to obesity 4) Explore other scenarios related to obesity pharmacotherapy such as pediatrics, pregnancy and weight loss supplements
7:00 - 7:30pm	Cocktail Reception	
7:30 - 10:30pm	Come and join us for a 70s Dinner/Dance Party! We will provide the dinner and cocktails, you bring the FUN!!! TICKET REQUIRED FOR ENTRY Drawing for two pairs of skis and one pair of snowshoes - Must be present to win	

THURSDAY, January 27, 2022 — 3.5 Total CME
 Daily Chair: Catherine McCarthy, MD

	Lectures & Workshops	Objectives
8:00 - 9:00am Lecture/Breakfast	Health Inequities and Disparities and its role in COVID-19 and Health Care Bayo Curry-Winchell, MD Approved for 1.0 Prescribed Ethics CME	1) Define Health inequities and Disparities and its role in Healthcare 2) Understand Social Determinants of Health 3) Medical Bias 4) Health Literacy
9:00 - 10:00am Lecture	Men's Health and the Patient Centered Medical Home Daniel R. Spogen, MD, FAAFP Approved for 1.0 Prescribed CME	1) Current guidelines regarding the well male exam 2) Understand the necessary questions to ask, the physical exam and the evidence behind it 3) Discussion about testosterone treatment
10:00 - 11:30am Lecture	Top Articles in Family Medicine David Fiore, MD, FAAFP and Jason Crawford, MD, MPH, FAAFP Approved for 1.5 Prescribed CME	1) Review relevant articles to the clinical practice of family medicine 2) Understand various components of evidence-based clinical practice 3) Discuss and become familiar with key publications affecting primary care in 2021 4) Learn how to apply this new information in your practice 5) Sharpen skills to critically assess new medical information
11:30am	Drawing for the last pair of snowshoes! Must be present to win	

ADJOURNMENT OF THE 2022 WINTER CME MEETING

Please remember to complete your evaluations. We hope to see you next year!!!

NAFP 33rd Annual Summer CME Meeting

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