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NAFP

NEVADA ACADEMY OF FAMILY PHYSICIANS

January 28–February 1, 2024

(Pre-Conference January 27)

“The Original and Still the Best”

Celebrating 56 years in beautiful Lake Tahoe!



**Winter CME Meeting
Harrah's Lake Tahoe
Stateline, Nevada**

Join us for up to 56.5 CME credits including

Opioid and Ethics CME Requirements; KSA Group Sessions; Workshops for EKG, HIV, Ultrasound, Lifestyle Medicine, Women's Health, and much more!

World-class Skiing/Snowboarding • Nightly Receptions/Silent Auction Exhibits • Wine and Beer Tasting • Round-the-Clock Fun!!

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COME CELEBRATE WITH US!

On behalf of the Nevada AFP, we invite you to join us for up to **56.5 credits of CME in 6 days**, world-class downhill and cross-country skiing, snowboarding, sledding and nightly activities. Please join us for a package unequaled anywhere, and see why we can say it is "The Original and Still The Best" Winter CME Meeting in the West.

The word "Tahoe" says it all...located in the heart of the Sierra Nevada, this exquisite alpine lake sits at 6,225 feet above sea level and is surrounded by several of the finest ski resorts in the World. Lake Tahoe has a ski season that runs from mid-November to mid-April, an average of 40 feet of ski-level snow per season and more than 300 sunny days per year make Tahoe skiing legendary. More than 20 ski areas are within an hour's drive and Heavenly Mountain Resort is just steps away from Harrah's Lake Tahoe. With 4,800 acres, 97 trails, and 28 lifts, there is something for every level of skier at Heavenly.

We are excited about returning to Harrah's Lake Tahoe. Located near crystal clear waters and majestic mountains, Harrah's Lake Tahoe is a AAA Four-Diamond Award winning hotel that is as impressive as the lake itself. With award-winning guestrooms, seven exceptional restaurants, a magnificent swimming pool and a luxurious spa, Harrah's Lake Tahoe is the perfect getaway.

We hope you can join us for great CME and a wonderful vacation!

Catherine McCarthy, MD, FAAFP - NAFP CME Chair

HOTEL REGISTRATION

Harrah's Lake Tahoe, 15 Hwy 50 Stateline, NV 89449

Book your room online at nvaafp.com or call 800-455-4770. All reservations made by phone will be subject to a \$15 fee. Be sure to identify yourself with the Group Code: Harrah's Lake Tahoe or Harveys Lake Tahoe, S01NVA4 to receive the special group rate. Standard/run-of-the-house rooms, single/double occupancy. Harrah's: Sun–Thu \$85, Fri \$135, Sat \$195; Harveys: Sun–Thu \$69, Fri \$129, Sat \$159. Call for availability. RESERVATIONS MUST BE MADE NO LATER THAN January 12, 2024. Rates do not include daily resort fee, plus tax.

Reservations made after January 12, 2024 will be confirmed on a space-available basis at the prevailing rate available. First night's deposit is required to make a reservation. Any individual cancellation or early departure within 72 hours from the date of arrival will be billed for the entire stay, room and tax.

Please make your hotel reservations early!

TRANSPORTATION

Ground transportation from the Reno/Tahoe International Airport is provided by car rental or by the South Tahoe Airporter shuttle service. For additional information call 866-898-2463 or make reservations online at southtahoeairporter.com.

VISIT NVAFP.COM FOR PROGRAM CHANGES AND REGULAR FACULTY UPDATES

EXHIBITS

Over 25 technical and scientific exhibits will be open Sunday and Monday evenings from 6:30–8:30pm. Please show your appreciation by visiting each booth during our nightly receptions. If you complete the exhibitor signature card you will be eligible to win a pair of skis or snowshoes. Refreshments will be served in the exhibit hall each evening and wonderful ski prizes will be given away each night at 7:00pm.

Friday, January 26, 2024

5:30–7:00pm General Registration - *Special Events Center*
6:30–8:00pm Student/Resident Welcome Reception

Saturday, January 27, 2024

8:00am–5:30pm General Registration - *Special Events Center*
8:00am–4:30pm Student/Resident Conference
8:30am–12:30pm Musculoskeletal KSA Workshop
MUST SIGN UP TO ATTEND (additional fee)
1:30–5:30pm Diabetes KSA Workshop
MUST SIGN UP TO ATTEND (additional fee)

Sunday, January 28, 2024

6:00am–6:30pm General Registration - *Special Events Center*
7:00–8:00am Fellowship and Diplomat Tables
8:00–9:00am Policy and Advocacy for Physicians
9:00–10:00am Hormone Replacement Therapy
10:15–11:15am Management of Alzheimer's Disease
11:15am–12:15pm Student/Resident Research Poster Presentations
12:30–1:30pm Luncheon Lecture - Uncontrolled Gout
1:45–2:45pm Maternal Mortality Disparities
2:45–3:45pm Latest Updates in Lung Cancer
4:00–5:00pm Hospice Care
5:00–6:00pm Dumpster Diving, Legumes for Lunch, and the Quintuple Aim: the movement toward sustainable healthcare
6:00–6:30pm USPFTF Updates
6:30–8:30pm Wine Tasting Reception & Silent Auction and Exhibits - *Exhibit Hall*
8:30pm Sponsor Appreciation and Local's Day Hospitality Night - *Hospitality Suite*

Monday, January 29, 2024

6:00am–7:00pm General Registration - *Special Events Center*
7:00–8:00am Recent Advancements in Genomic Medicine
8:00–9:00am Understanding Endometriosis to Improve Patient Care
9:15–11:15am HIV Stigma Workshop
12:30–2:30pm Ultrasound Workshop
2:45–4:15pm Musculoskeletal Workshop
4:30–5:30pm New Approaches to Asthma Treatment
5:30–6:30pm Major Depressive Disorder
6:30–8:30pm Fiesta Beer & Margarita Reception & Exhibits - *Exhibit Hall*
8:30pm Margarita Party - *Hospitality Suite*

Tuesday, January 30, 2024

6:00–10:00am General Registration - *Special Events Center*
7:00–8:00am Hypertrophic Cardiomyopathy
8:00–9:30am OSA and Associated Health Comorbidities
9:45–11:15am Osteopathic Techniques Workshop
12:30–2:30pm Wilderness Medicine Workshop
2:45–4:15pm Women's Health Workshop
4:30–5:30pm Advances in Treatment of Cardio-Renal-Metabolic Disorders
5:30–6:30pm Pharmacologic Options for Smoking Cessation
6:30–8:30pm Hospitality Suite Final Night

Wednesday, January 31, 2024

6:00am–6:30pm	General Registration - <i>Special Events Center</i>
7:00–8:00am	Approach to Skin Lesions - Biopsy, Excision and Other Techniques
8:00–9:00am	Bi-Polar Disorder
9:15–11:15am	EKG Workshop
12:15–2:00pm	Obesity and Lifestyle Medicine Workshop
2:15–4:15pm	Alcohol and Opioid Use Disorder Workshop
4:30–5:30pm	Excessive Daytime Sleepiness in Narcolepsy
5:30–6:30pm	What I've Learned Reviewing Malpractice Cases
7:00–7:30pm	Cocktail Reception - <i>South Shore Room</i>
7:30–10:30pm	Join us for our Farewell 70s Party! We'll provide dinner and groovy cocktails—you bring the FUN! Drawing for two pairs of skis and one pair of snowshoes (must be present to win)

Thursday, February 1, 2024

8:00–9:00am	OSA Q&A, Case Consult Stations and Community Provider Network
9:00–10:00am	Understanding Artificial Intelligence in Healthcare
10:15–11:45am	Top Articles in Family Medicine
11:45am	Drawing for last pair of snowshoes (must be present to win)

ADJOURNMENT OF THE 2024 WINTER CME MEETING

We would like to thank the following sponsors for their support of our program:

HCA/Sunrise Health GME Consortium Family Medicine
Kirk Kerkorian School of Medicine, University of Nevada, Las Vegas
Nevada Advanced Pain Specialists • Nevada Health Centers
Northern Nevada Medical Center • Pfizer • Renown Health
Renown Institute for Heart and Vascular Health
Sierra Neurosurgery Group • Southwest Medical
Swift Institute • The Valley Health System
Touro University of Nevada, College of Osteopathic Medicine
University of Nevada Reno School of Medicine
Valley Hospital Medical Center

KSA GROUP LEARNING SESSION (formerly SAM Session)

Please join us for our KSA Group Learning Sessions on **Musculoskeletal** and **Diabetes**.

The Clinical Self-Assessment (formerly Clinical Simulation) is no longer required and is an optional activity. All results from the KSA will be automatically transmitted to the ABFM.

At the completion of the self-assessment module, participants will receive 8 CME and 10 points for each KSA from the ABFM. Additional per-session fee of \$150 for Meeting Attendees and \$200 for Non-Meeting Attendees.

DISCOUNT SKI LIFT TICKETS — ONLINE ONLY

Discount ski lift tickets for Heavenly Mountain Resort, Northstar-at-Tahoe, and Kirkwood will be available for sale online ONLY. Please check the NAFP website for the link to purchase lift tickets, lessons and more. **Tickets will be for sale from mid-November through January 20, 2024. Tickets must be purchased in advance and WILL NOT be available for sale at the registration desk.**

ACCREDITATION

CONTINUING MEDICAL EDUCATION CREDIT: This program has been submitted to the American Academy of Family Physicians for up to **40.5 Prescribed Credits** (plus an additional 8.0 Prescribed Credits for each KSA session).

Physician Credit: AAFP Prescribed Credit is accepted by the AMA as equivalent to AMA PRA Category 1 for the AMA Physicians Recognition Award. When applying for AMA PRA, prescribed credits earned must be reported as Prescribed Credits, not as Category 1. Each physician should claim only those credits that he/she actually spent in the educational activity. One hour of lecture equals one credit. Program evaluation must be completed and turned in to receive credit.

AAFP adheres to ACCME Standards regarding industry support of continuing medical education, and disclosure of faculty and commercial sponsor relationships (if any) will be made known at the activity. Speakers are also expected to openly disclose inclusion of discussion of any off-label, experimental, or investigational use of drugs, devices, or equipment in their presentations.

OBJECTIVES

Physicians attending this program will receive current information on a diversity of medical topics pertinent to patient care in daily practice. Topics were chosen from suggestions submitted on evaluation forms completed by 2023 Winter CME Meeting attendees, as well as future trends and the relevance to quality patient care. At the conclusion of the program, registrants will have a working and applicable understanding of these topics. Objectives for each individual presentation will be included in the meeting syllabus and speaker handouts. This meeting also allows an opportunity for students, residents, practicing physicians, educators, and faculty to interact academically, professionally, and socially.