

5 7 ^{t h} A N N U A L



NAFP

NEVADA ACADEMY OF FAMILY PHYSICIANS

January 26–30, 2025

(Pre-Conference January 25)

"The Original and Still the Best"

Celebrating 57 years in beautiful Lake Tahoe!



**Winter CME Meeting
Harrah's Lake Tahoe
Stateline, Nevada**

Join us for up to 57.5 CME credits including

Opioid and Ethics CME Requirements; KSA Group Sessions; Workshops for Treadmill, Sports Med, Behavioral Health, Women's Health and much more!

World-class Skiing/Snowboarding • Nightly Receptions/Silent Auction Exhibits • Wine and Beer Tasting • Round-the-Clock Fun!!

n v a f p . c o m

COME CELEBRATE WITH US!

On behalf of the Nevada AFP, we invite you to join us for up to **57.5 credits of CME in 6 days**, world-class downhill and cross-country skiing, snowboarding, sledding and nightly activities. Please join us for a package unequaled anywhere, and see why we can say it is "The Original and Still The Best" Winter CME Meeting in the West.

The word "Tahoe" says it all...located in the heart of the Sierra Nevada, this exquisite alpine lake sits at 6,225 feet above sea level and is surrounded by several of the finest ski resorts in the World. Lake Tahoe has a ski season that runs from mid-November to mid-April, an average of 40 feet of ski-level snow per season and more than 300 sunny days per year make Tahoe skiing legendary. More than 20 ski areas are within an hour's drive and Heavenly Mountain Resort is just steps away from Harrah's Lake Tahoe. With 4,800 acres, 97 trails, and 28 lifts, there is something for every level of skier at Heavenly.

We are excited about returning to Harrah's Lake Tahoe. Located near crystal clear waters and majestic mountains, Harrah's Lake Tahoe is a AAA Four-Diamond Award winning hotel that is as impressive as the lake itself. With award-winning guestrooms, seven exceptional restaurants, a magnificent swimming pool and a luxurious spa, Harrah's Lake Tahoe is the perfect getaway.

We hope you can join us for great CME and a wonderful vacation!

Catherine McCarthy, MD, FAAFP - NAFP CME Chair

HOTEL REGISTRATION

Harrah's Lake Tahoe, 15 Hwy 50 Stateline, NV 89449

Book your room online at nvafp.com or call 800-455-4770. All reservations made by phone will be subject to a \$15 fee. Be sure to identify yourself with the Group Code: Harrah's Lake Tahoe or Harveys Lake Tahoe, S01NVA5 to receive the special group rate. Standard/run-of-the-house rooms, single/double occupancy. Harrah's: Sun-Thu \$85, Fri \$135, Sat \$195; Harveys: Sun-Thu \$69, Fri \$129, Sat \$159. Call for availability. RESERVATIONS MUST BE MADE NO LATER THAN January 10, 2025. Rates do not include daily resort fee, plus tax.

Reservations made after January 10, 2025 will be confirmed on a space-available basis at the prevailing rate available. First night's deposit is required to make a reservation. Any individual cancellation or early departure within 72 hours from the date of arrival will be billed for the entire stay, room and tax.

Please make your hotel reservations early!

TRANSPORTATION

Ground transportation from the Reno/Tahoe International Airport is provided by car rental or by the South Tahoe Airporter shuttle service. For additional information call 866-898-2463 or make reservations online at southtahoeairporter.com.

VISIT NVAFP.COM FOR PROGRAM CHANGES AND REGULAR FACULTY UPDATES

EXHIBITS

Over 30 technical and scientific exhibits will be open Sunday and Monday evenings from 6:30–8:30pm. Please show your appreciation by visiting each booth during our nightly receptions. If you complete the exhibitor signature card you will be eligible to win a pair of skis or snowshoes. Refreshments will be served in the exhibit hall each evening and wonderful ski prizes will be given away each night at 7:00pm.

Friday, January 24, 2025

5:30–7:00pm General Registration - *Special Events Center*
6:30–8:00pm Student/Resident Welcome Reception

Saturday, January 25, 2025

6:00am–6:30pm General Registration - *Special Events Center*
8:00am–4:30pm Student/Resident Conference
8:30am–12:30pm Health Counseling KSA Workshop
MUST SIGN UP TO ATTEND (additional fee)
1:30–5:30pm Heart Disease KSA Workshop
MUST SIGN UP TO ATTEND (additional fee)

Sunday, January 26, 2025

6:00am–6:30pm General Registration - *Special Events Center*
8:00–9:00am Empowering Moms:
Starting Every Child on a Pathway to Lifelong Wellness
9:00–10:00am Billing and Coding Tips and Tricks
10:15–11:15am Guide to Comprehensive Obesity Care
11:15am–12:15pm Dementia and Advanced Medical Directives
12:30–1:30pm Luncheon Lecture - Shedding Light on T2D
1:45–2:45pm Student/Resident Poster Presentations
2:45–3:45pm Cardiology Potpourri
4:00–5:00pm Early Detection and Intervention for Alzheimer's
5:00–5:30pm AAFP and the Family Medicine Revolution
5:30–6:30pm Adverse Childhood Events
6:30–8:30pm Wine Tasting Reception & Silent Auction
and Exhibits - *Exhibit Hall*
8:30pm Sponsor Appreciation and Local's Day Hospitality
Night - *Hospitality Suite*

Monday, January 27, 2025

6:00am–6:30pm General Registration - *Special Events Center*
7:00–8:00am Eating Disorders
8:00–9:30am Understanding Pain Management and Opioids
9:45–11:15am Behavioral Health Workshop
12:30–2:30pm Women's Health Workshop
2:45–4:15pm Treadmill Workshop
4:30–5:30pm Moving the Needle in Older Adults:
A Provider Townhall to Enhance Vaccine Uptake
5:30–6:30pm Neuro Exam for FPs
6:30–8:30pm Fiesta Beer & Margarita Reception & Exhibits -
Exhibit Hall
8:30pm Margarita Party - *Hospitality Suite*

Tuesday, January 28, 2025

6:00am–6:30pm General Registration - *Special Events Center*
7:00–8:00am Intensifying Treatment for Type 2 Diabetes
According to Current Guidelines
8:00–9:00am The Air They Breathe:
A Pediatrician on the Frontlines of Climate Change
9:15–11:15am Osteopathic Techniques Workshop
12:30–2:30pm Sports Med Ultrasound Workshop
2:45–4:15pm Musculoskeletal Workshop
4:30–5:30pm Transforming Cancer Control:
Integrating Multicancer Early Detection Technology
in the Family Practice Setting
5:30–6:30pm Leading the Charge to Change the Obesity
Management Narrative:
Supporting Primary Care to Improve Weight
Management Discussions, Diagnosis, and Decisions
6:30–8:30pm Hospitality Suite Final Night

Wednesday, January 29, 2025

6:00am–6:30pm	General Registration - <i>Special Events Center</i>
7:00–8:00am	Personalizing the Management of Hyperlipidemia
8:00–9:00am	Incorporating Lung Cancer Screening into your Practice
9:15–11:15am	Round Table Discussions
12:30–2:30pm	Wilderness Medicine Workshop
2:45–4:15pm	End of Life Care: Advanced Directives and POLST Workshop
4:30–5:00pm	USPSTF Updates
5:00–6:30pm	Top Articles in Family Medicine
7:00–7:30pm	Cocktail Reception - <i>South Shore Room</i>
7:30–10:30pm	Join us for our Farewell 70s Party! We'll provide dinner and groovy cocktails—you bring the FUN! Drawing for two pairs of skis and one pair of snowshoes (must be present to win)

Thursday, January 30, 2025

8:00–9:00am	Neurologic Implications of the Gut and Microbiome
9:00–10:00am	Familial Hypercholesterolemia and Lipoprotein A
10:15–11:45am	The Intersection of Cancer Care and Lifestyle Medicine
11:45am	Drawing for last pair of snowshoes! (must be present to win)

ADJOURNMENT OF THE 2025 WINTER CME MEETING

We would like to thank the following sponsors for their support of our program:

HCA/Sunrise Health GME Consortium Family Medicine

Kirk Kerkorian School of Medicine, University of Nevada, Las Vegas

Nevada Advanced Pain Specialists

Northern Nevada Medical Center • Renown Health

Swift Institute • The Valley Health System

Touro University of Nevada, College of Osteopathic Medicine

University of Nevada Reno School of Medicine

Valley Hospital Medical Center

DISCOUNT SKI LIFT TICKETS — ONLINE ONLY

Discount ski lift tickets for Heavenly Mountain Resort, Northstar-at-Tahoe, and Kirkwood will be available for sale online ONLY. Please check the NAFP website for the link to purchase lift tickets, lessons and more. **Tickets will be for sale from mid-November through January 16, 2025. Tickets must be purchased in advance and WILL NOT be available for sale at the registration desk.**

KSA GROUP LEARNING SESSION (formerly SAM Session)

Please join us for our KSA Group Learning Sessions on **Health Counseling and Heart Disease**.

The Clinical Self-Assessment (formerly Clinical Simulation) is no longer required and is an optional activity. All results from the KSA will be automatically transmitted to the ABFM.

At the completion of the self-assessment module, participants will receive 8 CME and 10 points for each KSA from the ABFM. Additional per-session fee of \$150 for Meeting Attendees and \$200 for Non-Meeting Attendees.

ACCREDITATION

CONTINUING MEDICAL EDUCATION CREDIT: This program has been submitted to the American Academy of Family Physicians for up to **41.5 Prescribed Credits** (plus an additional 8.0 Prescribed Credits for each KSA session).

Physician Credit: AAFP Prescribed Credit is accepted by the AMA as equivalent to AMA PRA Category 1 for the AMA Physicians Recognition Award. When applying for AMA PRA, prescribed credits earned must be reported as Prescribed Credits, not as Category 1. Each physician should claim only those credits that he/she actually spent in the educational activity. One hour of lecture equals one credit. Program evaluation must be completed and turned in to receive credit.

AAFP adheres to ACCME Standards regarding industry support of continuing medical education, and disclosure of faculty and commercial sponsor relationships (if any) will be made known at the activity. Speakers are also expected to openly disclose inclusion of discussion of any off-label, experimental, or investigational use of drugs, devices, or equipment in their presentations.

OBJECTIVES

Physicians attending this program will receive current information on a diversity of medical topics pertinent to patient care in daily practice. Topics were chosen from suggestions submitted on evaluation forms completed by 2024 Winter CME Meeting attendees, as well as future trends and the relevance to quality patient care. At the conclusion of the program, registrants will have a working and applicable understanding of these topics. Objectives for each individual presentation will be included in the meeting syllabus and speaker handouts. This meeting also allows an opportunity for students, residents, practicing physicians, educators, and faculty to interact academically, professionally, and socially.