



NEVADA ACADEMY OF
FAMILY PHYSICIANS
STRONG MEDICINE FOR NEVADA

Meeting materials:



NAFP Student/Resident Winter Retreat

January 24–26, 2025, Harrah's Lake Tahoe

Friday, 1/24

6:30–8:00pm | Welcome Reception and Registration

If you arrive early, you can check in at the NAFP registration desk on the 2nd Floor. Otherwise, room keys and registration materials will be available at the reception.

(Sand Harbor 1)

Saturday, 1/25

8:00–9:00am | Breakfast and Nevada Residency Program Introductions (Sand Harbor 3)

9:00–10:00am | Why Family Medicine? – **Daniel R. Spogen, MD, FAAFP** (Sand Harbor 3)

10:00–10:15am | BREAK

10:15am–12:15pm | Speed Dating: Meet the Many Faces of Family Medicine – **NAFP Board and Faculty** (Sand Harbor 1)

12:30–1:30pm | Lunch & Lecture: Career Planning 101: Preparing for Your First Job – **Amanda Magrini, MD, FAAFP**

Sponsored by Northern Nevada Health System and Prominence Health (Sand Harbor 3)

1:30–3:30pm | Women’s Health (L&D, Nexplanon, IUD, EMB, MVA, OB U/S and Vasectomy)
Catherine McCarthy, MD, FAAFP, Leslie Greenberg, MD, FAAFP, Fay Roepcke, MD, MPH, FAAFP, Ashley Jones, MD, Andra Prum, DO, FAAFP and Aaron Dieringer, MD, FAAFP (Sand Harbor 1)

3:30–5:30pm | FAST Ultrasound Workshop – **John Koopman, MD, MBA, William “Bo” Cates, DO and Joshua Wood, MD** (Sand Harbor 3)

6:00–7:30pm | Après Ski Party (NAFP Hospitality Suite – Room 301 & 302)

www.nvafp.com

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Sunday, 1/26

7:00–8:00am | Breakfast
(Sand Harbor 3)

8:00–9:00am | Empowering Moms: A Guide to Starting Every Child On A Pathway to Lifelong Wellness – **Katie Brown, EdD, RDN** (Sand Harbor 2)

9:00–9:15am | BREAK

9:15–11:15am | Procedures Stations (Glenbrook-Emerald Bay and Exhibit Hall)

- 1- Toenail Removal and Local Anesthetic Injections – **Richard Williams, MD**
Sebacous Cyst Removal – **Trenton Argyle, MD**
- 2- Circumcision – **Tim Grunert, MD**
- 3- Musculoskeletal Techniques – **Mark Stovak, MD, FAAFP, FACSM, CAQ, Arthur A. (Tony) Islas, MD, MPH, FAWN, CAQ, Daniel “Jake” Harrington, MD and William “Bo” Cates, DO**
- 4- Osteopathic Manipulation – **Nalee Little, DO and Andra Prum, DO, FAAFP**

11:15am–12:15pm | Having fun in Rural Family Medicine – **Aron Rogers, DO, Kaleb Wartgow, MD and Trenton Argyle, MD** (Location TBA)

12:30–1:30pm | Lunch & Lecture: The Family Medicine Revolution – **Jay Lee, MD, MPH, FAAFP (AAFP Director)**
(Summit Room – 16th Floor)

1:45–2:45pm | Student/Resident Poster Presentations (Sand Harbor 3)

2:45–3:45pm | Cardiology Potpourri – **Chris Rowan, MD, FACC**
(Sand Harbor 2)

3:45pm | ADJOURN

Optional afternoon sessions:

4:00–5:00pm | Early Detection and Intervention for Alzheimer’s Disease (Ethics) – **Aaron Dieringer, MD, FAAFP and David Fiore, MD, FAAFP**
(Sand Harbor 2)

5:00–5:30pm | AAFP and The Future of Family Medicine – **Jay Lee, MD, MPH, FAAFP**
(Sand Harbor 2)

5:30–6:30pm | Adverse Childhood Events – **Jay Lee, MD, MPH, FAAFP**
(Sand Harbor 2)

6:30–8:30pm | Wine Tasting Reception and Silent Auction (Exhibit Hall)