



## NAFP Student/Resident Winter Retreat

January 23–25, 2026, Harrah's Lake Tahoe

---

### Friday, 1/23

**6:30–11:30pm | Registration and Room Key Pick up (NAFP Registration Desk – 2<sup>nd</sup> Floor)**

---

### Saturday, 1/24

**8:00–9:00am | Breakfast and Nevada Residency Program Introductions (Sand Harbor 3)**

**9:00–10:00am | Why Family Medicine? – Amanda Magrini, MD, Tim Grunert, MD, Kelly Thibert, DO, Gerica Alvarado, MD, and Kaleb Wartgow, MD (Sand Harbor 3)**

**10:00–10:15am | BREAK**

**10:15am–12:15pm | Speed Dating: Meet the Many Faces of Family Medicine – NAFP Board and Faculty (Sand Harbor 1)**

**12:30–1:30pm | Lunch & Guest Speaker – Travis Walker, MD, Community Health Alliance (Sand Harbor 3)**

**1:30–3:30pm | Reproductive Health Workshop (L&D, Nexplanon, IUD, EMB, MVA, OB U/S and Vasectomy) – Catherine McCarthy, MD, FAAFP, Leslie Greenberg, MD, FAAFP, Kelly Thibert, DO, FAAFP, Gerica Alvarado, MD, FAAFP, Andra Prum, DO and Aaron Dieringer, MD (Sand Harbor 1)**

**3:30–5:30pm | Joint Injection Workshop – Andra Prum, DO, FAAFP, Ben Winter, DO and Dylan Ceschi, DO (Sand Harbor 3)**

**6:00–8:00pm | Team Tailgate Party (NAFP Hospitality Suite – Harrah's Suites 301 & 302)**

---

## Sunday, 1/25

**7:00–8:00am** | Breakfast (Sand Harbor 3)

**7:45–9:00am** | Partnering for Change – Effective Strategies in Obesity Management for Primary Care Professionals – **Robert Kushner, MD, DABOM and Kyra Norris, MD, FAAFP** (Sand Harbor 2)

**9:00–9:15am** | BREAK

**9:15–11:15am** | Procedures Stations (Glenbrook-Emerald Bay and Exhibit Hall)

- 1) Toenail Removal and Local Anesthetic Injections – **Kelsey West, MD**
- 2) Sebaceous Cyst Removal – **Trenton Argyle, MD**
- 3) Circumcision – **Tim Grunert, MD**
- 4) Musculoskeletal Techniques – **Mark Stovak, MD, FAAFP, FACSM, CAQ**
- 5) Earwax Removal – **Richard Williams, MD**

**11:15am–12:30pm** | Family Medicine Jeopardy – **Jeff Ng, MD, FAAFP** (Sand Harbor 2)

**12:30–1:30pm** | Having fun in Rural Family Medicine – **Aron Rogers, DO, Kaleb Wartgow, MD, Lacy Fettic, MD, Trenton Argyle, MD and Senator Robin Titus, MD** (Summit Room – 16<sup>th</sup> Floor)

**1:30–2:30pm** | Student/Resident Poster Presentations (Sand Harbor 3)

**2:30–3:30pm** | Cardio-Renal Metabolic Conditions – **Jay Shubrook, DO, BC-ADM, FACOFP, FAAFP** (Sand Harbor 2)

**3:30–3:45pm** | BREAK

*Optional afternoon sessions:*

**3:45–4:30pm** | Advances in Surgical Treatment – Gallstones, Hernias and Appendicitis and Diverticulitis – **Patrick Kenney, DO, FACS and Madison Murray, MD** (Sand Harbor 2)

**4:30–6:30pm** | Trends In Cardiovascular Medicine for the Family Physician – **Ali Alkhayru, MD, Interventional Cardiology, Joe Stevenson, DO, FACC, Pulmonary Hypertension, DEVANG M DESAI, MD, Structural Heart Disease, Jamie Gomez, RN, Heart Failure** (Sand Harbor 2)

**6:30–8:30pm** | Wine Tasting Reception and Silent Auction (Exhibit Hall)