

SUNDAY, January 27, 2019 — 10.5 Total CME Daily Chairs: Catherine McCarthy, MD and Thomas Hunt, MD		
	Lectures & Workshops	Objectives
7:00am - 6:30pm	Registration - Convention Center	
7:00 - 8:30am Meal included	Breakfast Buffet <i>Sponsored by: Sierra Neurosurgery Group</i>	
7:00 - 8:00am Poster Displays	3rd Annual NAFP Student/Resident Research Poster Displays Approved for 1.0 Prescribed CME	Review and vote for the best research poster display. Poster authors will be available throughout the day to discuss their research. Participants will be entered into a drawing for a cash prize.
8:00 - 9:00am Lecture	What's New In Medical Care in Nevada - Politics, Policies, Rules, Regulations and Laws Senator Joseph Hardy, MD, FAAFP Approved for 1.0 Prescribed CME	1) Review key health policy activities in Nevada and across the country 2) Discuss the latest rules, regulations and laws in Nevada 3) Review what is happening nationally and what to expect with the new Congress
9:00 - 10:00am Lecture	GERD: Pills, Procedures, Problems Michael Murray, MD, FACS Approved for 1.0 Prescribed CME	1) Understand current PPI guidelines 2) Understand the complications of PPI use 3) Know when to send a patient for GERD workup 4) Discuss newer therapies in GERD management
10:00 - 10:15am	Break	
10:15 - 11:15am Lecture	Care of the Post Bariatric Surgery Patient Bradley Havins, MD, FAAFP Approved for 1.0 Prescribed CME	1) Review types of bariatric surgery 2) Review guidelines, acute and long-term complications 3) Preventing weight regain
11:15am - 12:15pm Lecture	Making Sense of the 2018 ACC/AHA Cholesterol Guidelines Michael J. Bloch, MD, FACP, FASH Approved for 1.0 Prescribed CME	1) Make the diagnosis of familial hypercholesterolemia phenotype based on easily available clinical data 2) Describe therapeutic strategy for patients with familial hypercholesterolemia including choice of medications and goal of therapy 3) Recognize the importance of cascade screening as a public health strategy 4) Understand implications of the new 2018 ACC-AHA Cholesterol guidelines on management of dyslipidemia in primary care
12:30 - 1:30pm Lecture/Luncheon	Conservative Surgical Care for the Spine Christopher P. Demers, MD, FAANS Approved for 1.0 Prescribed CME <i>Luncheon sponsored by: Sierra Neurosurgery Group</i>	
1:45 - 2:45pm Lecture	Genetics, Genefotainment and the Family Medicine Doctor Christopher Rowan, MD Approved for 1.0 Prescribed CME	1) To appreciate the spectrum of current personalized genetics 2) Understand how some genetic testing alters risk 3) Appreciate how some genetic testing can be used to refine what we do in the clinic
2:45 - 3:45pm Panel Discussion	Breast Cancer Screening in the Age of Personalized Medicine / Q&A Session Vijay Sekhon, MD and Eric Kraemer, MD Approved for 1.0 Prescribed CME	1) Screening mammography, breast ultrasound, and MRI; who gets what test when 2) Density, family history, and genetics as risk factors for breast cancer 3) How do we appropriately screen intermediate risk patients
3:45 - 4:00pm	Break	
4:00 - 4:45pm Lecture	Chronic Pain Treatment - Post Opioid Legislation Jacob Blake, MD, ABA-C	1) Review current NV opioid legislation and understand how it affects the management of acute and chronic pain 2) Illustrate non-opioid options available for treatment 3) Demonstrate prescribing practice to protect you and your patients
4:45 - 5:15pm Panel Discussion	Brain Surgery and Beyond Richard Perrin, MD, FAANS and Marshall Tolbert, MD, PhD Approved for 1.25 Prescribed CME* *(1.0 CME Eligible for Opioid CME Requirement)	1) Discuss common types and presentations of brain tumors 2) Review the pertinent workup and treatment options
5:15 - 6:30pm Lecture	Journal Jeopardy! Jeffrey Ng, MD, FAAFP Approved for 1.25 Prescribed CME	1) Join in an interactive round of Jeopardy discussing the latest topics presented in the AAFP journals
6:30 - 8:30pm	Welcome Wine Tasting Reception and Silent Auction & Exhibits - Exhibit Hall Drawing for a pair of snowshoes - Must be present to win! <i>Sponsored by: Sierra Neurosurgery Group</i>	
8:30pm	Sponsor Appreciation and Local's Day Hospitality Night - Come Meet our Local Physicians and Help Thank All of our Sponsors and Exhibitors - Cocktails, Desserts, and a Champagne Toast. Don't miss out!!! <i>Sponsored by: Sierra Neurosurgery Group</i>	

MONDAY, January 28, 2019 — 10.0 total CME Daily Chairs: Joanne Leovy, MD and Christine Quartuccio-Carran, DO		
	Lectures & Workshops	Objectives
6:00am - 7:00pm	Registration - Convention Center	
6:00 - 7:30am Meal included	Breakfast Buffet Sponsored by: Southwest Medical Associates	
7:00 - 8:00am Lecture	Managing Complex Patients with Depression: Considerations and Best Practices Jerry L. Halverson, MD Approved for 1.0 Prescribed CME	1) Characterize the metabolic and neurologic risks associated with atypical antipsychotics 2) Identify pharmacologic agents for the treatment of MDD associated with lower metabolic and neurologic risks 3) Summarize established guidelines for appropriate metabolic monitoring and other best practices for individuals undergoing MDD treatment 4) Implement appropriate strategies, particularly in the rural setting, to identify and achieve adequate control of MDD with a goal of achieving remission
8:00 - 9:00am Lecture	Vitamin D: Hype, Hope, and Controversies Thomas L. Schwenk, MD Approved for 1.0 Prescribed CME	1) Biochemistry and physiology of Vitamin D 2) Theoretical benefits of supplementation 3) Skeletal and extraskeletal effects 4) Vitamin D level and deficiencies 5) Recommendations
9:00 - 9:15am	Break	
9:15 - 11:15am Workshop	Whiplash Injuries: Osteopathic Considerations and Approaches Kirsten Mackey, DO Approved for 2.0 Prescribed CME	1) Overview of whiplash mechanism of injury 2) Define Whiplash Associated Disorder Anatomy of a whiplash injury 3) Present research on O.M.T. for whiplash symptoms 4) Practical lab on in-office osteopathic approaches for acute and chronic whiplash complaints
11:15am - 12:15pm	LUNCH ON YOUR OWN	
12:15 - 3:15pm Workshop	Physician Health First - Battling Burnout Nicole A. Eull, PsyD Approved for 3.0 Prescribed CME	1) Explain what the AAFP is doing to improve family physician well-being 2) Determine strategies to address well-being and burnout issues in each level of the family physician ecosystem 3) Develop a personalized plan to improve personal and professional satisfaction using AAFP-provided and other available resources
3:15 - 3:30pm	Break Sponsored by: SpineNevada	
3:30 - 4:00pm Lecture	PSA Controversy David Fiore, MD, FAAFP Approved for 0.5 Prescribed CME	1) Evaluate evidence-based recommendations for screening indications 2) Contrast potential risks and benefits for screening PSA 3) Develop skills to efficiently discuss pros and cons of PSA screening with patients
4:00 - 5:00pm Lecture	Smoking Cessation: New Ways to Advise and Assist Clare Hawkins, MD, MSc, FAAFP Approved for 1.0 Prescribed CME	1) Implement the 5 "As" Ask, Assess, Advise, Assist, Arrange 2) Review new options for prescribing Varenicline and other pharmacotherapy 3) Engage local resources such as quit lines for follow up
5:00 - 6:30pm Panel Discussion	Comprehensive Care of the Ortho, Pain and Spine Patient James J. Lynch, MD, FACS, FAANS, Bruce Gallio, PA-C, Edward C. Perry III, MD, Maria V. Pirraglia, MD, and Matthew McAuliffe, MD Approved for 1.5 Prescribed CME	1) 5 Tenants - Vertical Integration Primary Care and MSK Care 2) Top 10 Acute Musculoskeletal Complaints 3) Neurologic Exam Pearls for the Primary Care Practitioner 4) EMGs for Family Physicians: A Comprehensive Overview 5) Regenerative Medicine in MSK Care - Truth, Myths, and Impact
6:30 - 8:30pm	FIESTA Beer and Margarita Tasting Reception & Exhibits - Exhibit Hall Sponsored by: SpineNevada	
8:30pm	Hospitality Suite - Come and join us for a margarita party! Meet the board members of the NAFP, our Nevada Residents and make some new friends!!! Sponsored by: SpineNevada	

TUESDAY, January 29, 2019 — 9.5 total CME Daily Chair: Cathy Endo, MD and Herve Bezard, MD		
	Lectures & Workshops	Objectives
6:00 - 10:00am	Registration - Convention Center	
6:00 - 7:30am Meal included	Breakfast Buffet Sponsored by: Southwest Medical Associates	
7:00 - 8:00am Lecture	Case Studies on Type 2 Diabetes Mellitus: Focus on Cardiovascular Outcomes Trials Stephen Brunton, MD, FAAFP Approved for 1.0 Prescribed CME	1) Characterize type 2 diabetes as a cardiovascular risk factor 2) Differentiate traditional clinical outcomes trials from cardiovascular outcome trials 3) Describe the results of cardiovascular outcome trials regarding cardiovascular safety 4) Describe the results of cardiovascular outcome trials regarding cardiovascular benefit 5) Integrate all available evidence, guideline recommendations, and approved product labeling in individualizing therapy
8:00 - 9:00am Lecture	Advanced Illness Conversations: "What Would Be a Good Day For You" End-of-life Conversations Clare Hawkins, MD, MSc, FAAFP Approved for 1.0 Prescribed CME* *(1.0 CME Eligible for Ethics CME Requirement)	1) Review principles of advance care planning 2) Appreciate the nature of an evolving conversation over multiple visits 3) Itemize strategies that enhance effectiveness of advance directive discussions
9:00 - 9:15am	Break	
TRACK 1		
9:15 - 11:15am Workshop	Musculoskeletal Ultrasound Workshop Mark Stovak, MD, FAAFP, Scott Hall, MD, Arthur Islas, MD, Christopher Amundsen, MD, and Shane Hawthorne, MD Approved for 2.0 Prescribed CME Limited to 30 attendees YOU MUST PRE-REGISTER TO ATTEND	1) Identify normal anatomy of the shoulder and knee by ultrasound 2) Perform basic scanning of the shoulder and knee with the ultrasound
TRACK 2		
9:15 - 11:15am Workshop	Round Table Discussions Nevada's Health Information Exchange - Eileen Colen, MBA, CPHIT and Michael Gagnon Telemedicine - Troy Jorgensen, BS Point-of-Care Ultrasound - Emily Garneau What is the Future of Medicine in America? - Vance Alm, MD Approved for 2.0 Prescribed CME	
11:15am - 12:30pm	LUNCH ON YOUR OWN	
12:30 - 2:30pm Workshop	Musculoskeletal Techniques Arthur Islas, MD, Scott Hall, MD, Mark Stovak, MD, FAAFP, Christopher Amundsen, MD, and Shane Hawthorne, MD Approved for 2.0 Prescribed CME	1) Understand patient history and questions for patients presenting with musculoskeletal complaints 2) Locate important anatomical landmarks 3) Perform appropriate physical exams for the knee, shoulder, hip, foot/ankle, elbow, shoulder and spine
2:45 - 4:15pm Workshop	The Next Season: Wisdom and Tools to Improve Menopause Care Lynn Tomlinson Anderson, DNP, CNM, APRN Approved for 1.5 Prescribed CME	1) Correctly identify a client's stage of menopause, evaluate her symptoms and provide evidence-based educational material 2) Recognize the common symptoms of menopause and discuss treatment options with clients 3) Assess risk factors and use tools to facilitate shared decision making regarding treatment modalities 4) Assist women in planning life-style changes to enhance wellness in
4:15 - 4:30pm	Break Sponsored by: Nevada Advanced Pain Specialists	
4:30 - 5:30pm Lecture	Reproductive Health Care: Conversations for Family Physicians and Their Patients Catherine McCarthy, MD, FAAFP Approved for 1.0 Prescribed CME	1) Open conversations with patients about reproductive life planning by asking One Key Question® 2) Engage patients in patient-centered counseling about their reproductive life planning, including prescribing appropriate contraceptive options and emergency contraception, and managing chronic medical conditions using evidence-based guidelines 3) Discuss and correct reproductive health myths
5:30 - 6:30pm Lecture	The Role of Non-Statins Therapies for LDL-C Lowering for Management of ASCVD Risk in Family Practice Stephen Brunton, MD, FAAFP Approved for 1.0 Prescribed CME	1) Summarize the latest guidelines and recommendations on cholesterol management from major clinical organizations 2) Review potential cholesterol-lowering therapies beyond statins and explain when these nonstatin therapies should be considered 3) State the indications in detail for proprotein convertase subtilisin kexin type 9 inhibitor (PCSK9i) therapy
6:30 - 8:30pm	Hospitality Suite - Come and join us for our final night in the NAFF Hospitality Suite. Don't miss out on some Poker Tournament Pointers and a Warm-Up Round!	
9:00pm	11th Annual Winter Meeting Poker Tournament Harvey's Poker Room	

WEDNESDAY, January 30, 2019 — 9.5 total CME
Daily Chairs: Amanda Magrini, MD and Troy Bertoli, MD

	Lectures & Workshops	Objectives
6:00am - 6:30pm	Registration - Convention Center	
6:00 - 7:30am Meal included	Breakfast Buffet	
7:00 - 8:00am Lecture	Case Studies in the Practical Evaluation & Management of Irritable Bowel Syndrome with Diarrhea Stephen Brunton, MD, FAAFP Approved for 1.0 Prescribed CME	1) Identify patients who are appropriately diagnosed based on history and symptoms 2) Describe the role of Rome-IV criteria, colonoscopy, and other tests in diagnosis 3) Differentiate subtypes of IBS 4) Characterize the benefits and limitations of currently available prescription medications for IBS 5) Individualize treatment for IBS based on current evidence-based guidelines
8:00 - 9:00am Lecture	Evaluation and Optimization of the Pre-Operative Patient Andrew Pasternak, MD, MS and Jo Ann Ellero, MD Approved for 1.0 Prescribed CME	1) Discuss appropriate testing given the patient's surgical risk and proposed surgery 2) Review perioperative optimization of common medical conditions 3) Learn to effectively communicate critical patient information to improve surgical outcomes
9:00 - 9:15am	Break	
9:15 - 11:15am Workshop	Wilderness Medicine Arthur Islas, MD, and Gary Johnson, MD Approved for 2.0 Prescribed CME ***BRING WARM CLOTHING TO SESSION. WEATHER PERMITTING PART OF DEMONSTRATION WILL BE HELD OUTDOORS***	1) Learn about the essential elements for winter survival 2) Learn techniques for managing a variety of medical urgencies in austere environments 3) Learn methods of preparing for medical evacuation in the wilderness setting
11:15am - 12:30pm	LUNCH ON YOUR OWN	
12:30 - 2:30pm Workshop	Advanced Suturing - Circular Excision with Purse String Closure for Skin Lesions Steven Namihas, MD Approved for 2.0 Prescribed CME	1) Compare various techniques for skin excision and closure 2) Describe the application and benefits of circular excision with purse string closure for skin lesions 3) Review skin preps and field blocks 4) Explore ways to get the best results and avoid common mistakes
2:30 - 2:45pm	Break	
2:45 - 4:15pm Workshop	Substance Use Disorders: The What, Where, Why, When, and How Daniel Weiner, DO Approved for 1.5 Prescribed CME* *(1.0 CME Eligible for Opioid CME Requirement)	1) Understand the neurobiologic foundations of substance use disorders 2) Understand the evidence based use of medication assisted therapy (MAT) 3) Explore models for introduction of MAT in practice
4:15 - 4:30pm	Break	
4:30 - 6:30pm Lecture/Case Studies, Hands-on Demonstration and Role Play	Overcoming Barriers to Initiating or Intensifying Insulin Therapy: Best Practices for the Family Physician Davida F. Kruger, MSN, APN-BC, BC-ADM and Lucia M. Novak, MSN, APN-BC, BC-ADM, CDTC Approved for 2.0 CME *** PRE-REGISTRATION IS REQUIRED Please see front desk ***	1) Articulate clinical strategies for the timely initiation, modification, and intensification of insulin therapy to achieve glycemic control 2) Explain novel strategies to optimize insulin therapy in clinical practice to improve glucose control, reduce risk of weight gain and hypoglycemia, and increase patient access, acceptance, and adherence 3) Utilize a patient-centered approach to individualize therapy and to appropriately and effectively transition patients to insulin and insulin combinations
7:00 - 7:30pm	Cocktail Reception	
7:30 - 10:30pm	Come and join us for a 70s Dinner/Dance Party! We will provide the dinner and cocktails, you bring the FUN!!! TICKET REQUIRED FOR ENTRY Drawing for two pairs of skis and one pair of snowshoes - Must be present to win	

THURSDAY, January 31, 2019 — 3.5 total CME

Daily Chair: Catherine McCarthy, MD

	Lectures & Workshops	Objectives
8:00 - 9:00am Lecture/Breakfast	Improving Diagnosis and Treatment of Atopic Dermatitis Through Collaborative Primary & Specialist Care Michael T. Goldfarb, MD Approved for 1.0 Prescribed CME	1) Utilize updated criteria and guidelines to accurately diagnose AD and assess severity in individual patients 2) Review updated guidelines and evaluate available clinical data for therapies utilized in the treatment of AD 3) Describe indications for specialist referral of patients with AD and review best practices for co-management of moderate to severe disease with specialist physicians 4) List documentation and prior authorization requirements to ensure access to prescribed medications for patients with AD
9:00 - 10:00am Lecture	Health Care Screening Richard Williams, MD Approved for 1.0 Prescribed CME	1) Learners will be comfortable discussing health care screening with patients and families 2) Learners will be able to articulate concepts as over diagnosis, lead time bias, predictive values, and the relation of disease and test characteristics to screening programs
10:00 - 11:30am Lecture	Top Articles in Family Medicine David Fiore, MD, FAAFP and Jason Crawford, MD, MPH, FAAFP Approved for 1.5 Prescribed CME	1) Review relevant articles to the clinical practice of family medicine 2) Understand various components of evidence-based clinical practice 3) Discuss and become familiar with key publications affecting primary care in 2018 4) Learn how to apply this new information in your practice 5) Sharpen skills to critically assess new medical information
11:30am	Drawing for the last pair of snowshoes! Must be present to win	

ADJOURNMENT OF THE 2019 WINTER CME MEETING

Please remember to complete your evaluations. We hope to see you next year!!!

NAFP 30th Annual Summer CME Meeting



Join us on The Strip at Tropicana Las Vegas!
Early Bird Rates at nvafp.com!

August 2-4, 2019
Pre-Conference KSA Workshops Aug 1